

# Laid Back

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Dan Albro (USA) - May 2016  
音樂: Laid Back (feat. Big Boi, Maggie Rose & Mannie Fresh) - Dallas Davidson



Intro: 16 counts

## [1-9] □ □ RUMBA BOX W/ SIDE SHUFFLES

1,2,3,4&5      Step side L, step R next to L, step fwd L, step side R, step L next to R, step side R  
6,7,8&1      Step back L, step R next to L, step side L, step R next to L, step side L

## [10-17] □ □ CROSS ROCK, REPLACE, SHUFFLE SIDE, CROSS ROCK, REPLACE, SHUFFLE SIDE

2,3,4&5      Cross rock R over L, replace weight on L, step side, step L next to R, step side R  
6,7,8&1      Cross rock L over R, replace weight on R, step side L, step R next to L, step side L

## [18-25] □ □ STEP OVER, BACK, ANGLE SHUFFLE BACK, STEP OVER, BACK, COASTER

2,3,4&5      Cross step R over L, step back L, step angle back R, step L next to R, step angle back R  
6,7,8&1      Cross step L over R, step back R, step back L, step R next to L, step fwd L

## [26-32] □ □ ROCKING CHAIR, ¼ TURN SHUFFLE, ¼ TURN SHUFFLE

2,3,4,5      Rock fwd R, replace weight on L, rock back R, replace weight on L  
6&7      ¼ turn left stepping side R, step L next to R, ¼ turn left stepping back R  
8&      Turn ¼ left stepping side L, step R next to L (3:00)

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