

Dance All Summer

拍數: 32 牆數: 4 級數: Improver
編舞者: Hana Ries (USA) - May 2016
音樂: Lush Life - Zara Larsson



Intro: 16 counts, Start dancing on the word 'if' . - 1 Tag (16 counts) CW

½ PADDLE TURN LEFT, CROSS ROCK BACK/RECOVER, STEP SIDE, WEAVE (12:00→6:00)

- 1 Step R to right and push off the R foot making 1/8 turn left
- 2 Step R to right and push off the R foot making 1/8 turn left
- 3 Step R to right and push off the R foot making 1/8 turn left
- 4 Step R to right making 1/8 turn left (weight on R)
- 5&6 Rock L behind R, Recover to R, Step L to left
- 7&8 Step R behind L, Step L to left, Step R across L

STEP TOUCH, STEP SIDE, CROSS, OUT-OUT-IN-IN, TOUCH, HEEL SWIVELS (6:00→7:30)

- 1,2 Step L to left, Slide R in and touch next to L
 - 3,4 Step R to right, Step L across R
- (for styling look over your right shoulder and dip a little as you travel right-counts 3,4)**
- 5&6& Step R to right, Step L to left (feet apart), Step R in, Step L next to R (feet together)
 - 7&8 Making 1/8 turn right touch R forward, swivel heels right, swivel heels left

REVERSE ROCKING CHAIR, ROCK BACK, STEP, PRESS/RECOVER, QUICK WALK BACK (7:30→9:00)

- 1&2& Rock R back, Recover to L, Rock R forward, Recover to L
 - 3&4 Rock R back, Recover to L, Making 1/8 turn right step R forward
 - 5,6 Press L forward, Recover to R
 - 7&8 Walk back quickly L,R,L
- (for styling lean forward slightly as you are walking back-counts 7&8) □□□□□□□□□□□□**

ROCK BACK/RECOVER, CHASE ½ TURN, ROCKING CHAIR, RUN IN PLACE (9:00→3:00)

- 1,2 Rock R back, Recover to L
- 3&4 Step R forward, Pivot ½ left, Step R forward
- 5&6& Rock L forward, Recover to R, Rock L back, Recover to R
- 7&8 Run in place L,R,L

(for styling hitch R on count 8 as a preparation to start the dance over)

REPEAT

TAG (at the end of wall 7, facing 9:00) (9:00→6:00)

SWAYS, TOUCH, SWAYS, TOUCH

- 1,2,3,4 Step R to right swaying hips to right, Sway left, Sway right, Touch L to left
- 5,6,7,8 Step L heel down swaying hips left, Sway right, Sway left, Touch R to right

STEP, CROSS ROCK/RECOVER, ¼ TURN LEFT STEP FORWARD, ROCKING CHAIR

- 1,2,3,4 Step R heel down, Cross rock L over R, Recover to R, Turning ¼ left step L forward
- 5,6,7,8 Rock R forward, Recover to L, Rock R back, Recover to L