

Life Goes On

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Sebastiaan Holtland (NL) - May 2016
音樂: Life Goes On (Radio Edit) - DJ Bobo : (Single)



Intro: 16 counts - start at 10 sec.

R Kick Ball Step, Fwd Coaster Step, Walks Back L, R, Hip Bumps L, R, L.

1&2 Kick R forward, Step R back in place, Step L slightly forward.
3&4 Step R forward, Step L beside R, Step R back.
5-6 Walk L back, Walk R back.
7&8 Step L to L bump L hip L, Bump R hip R, Bump L hip L.

Side, Together, Step, Lock, Step R, Fwd Rock / Recover, 1/4 Turn L, Side, Together.

1-2 Step R to R, Step L beside R.
3&4 Step R forward, Lock L behind R, Step R forward.
5-8 Step L forward, Recover back onto R, Making 1/4 turn L (9) step L to L, Step R beside L.

3/4 Walking Circle L, Step, R Point Forward, Back, L Point Side.

1-4 Walking 3/4 Circle left L, R, L, R to (Facing 12 o'clock).
5-8 Step L forward, Point R forward, Step R back, Point L out to L.

Cross Rock / Recover, Chasse L, 3/4 Walking Circle R.

1-2 Step L across R, Recover back onto R.
3&4 Step L to L, Step R beside L, Step L to L.
5-8 Walking 3/4 circle right R, L, R, L to (Facing 9 o'clock).

REPEAT DANCE AND HAVE FUN!

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