

American Song

COPPER KNOB
BY SHEETS

拍數: 80 牆數: 1 級數: Phrased Intermediate
編舞者: Jérôme Massiasse (FR) - May 2016
音樂: American Country Love Song - Jake Owen : (iTunes)



Part : ABCB - Tag - ACBBA - Tag - CBC

PART A : 32 counts

A1 : HEEL BALL CROSS, STEP, HEEL BALL CROSS, ROCK STEP COASTER STEP

1&2& R heel forward on the R diagonal, RF beside LF, cross LF over RF, RF to the side
3&4 L heel forward on the L diagonal, LF beside RF, cross RF over LF
5-6 Rock LF forward, recover on RF
7&8 LF backward, RF beside LF, LF forward

A2 : WEAVE, KICK BALL CROSS, 1/4 TURN, COASTER STEP

1&2&3 Cross RF over LF, LF to the L side, cross RF behind LF, LF to the L side, cross RF over LF
&4 LF to the L side, kick RF on the R diagonal,
&5-6 RF beside LF, cross LF over RF, 1/4 turn L stepping RF backward - 09:00
7&8 LF backward, RF beside LF, LF forward

A3 : FAN, FLICK, TWIST, COASTER STEP, STEP 1/4 TURN

1&2& RF forward with toe in, toe out, toe in, flick RF out
3&4 RF forward with toe in, twist both toes to the the R, twist both toes to the L
5&6 RF backward, LF beside RF, RF forward
7-8 LF forward, 1/4 turn L stepping RF over LF - 06:00

A4 : SWITCHES 1/2 TURN, OUT OUT BODY ROLL

1&2& Touch LF to the L side, LF beside RF, touch RF to the R side, 1/4 turn R stepping RF beside LF - 09:00
3&4 Touch LF to the L side, LF beside RF, touch RF to the R side
&5-6 1/4 turn R stepping RF on place, LF to the L side, hold - 12:00
7-8 L body roll stepping RF beside LF

PART B : 16 counts

B1 : WALK WALK, SHUFFLE FORWARD, ROCK STEP, 1/4 TURN SIDE CHASSE

1-2 RF forward, LF forward
3&4 RF forward, LF beside RF, RF forward
5-6 Rock LF forward, recover on RF
7&8 1/4 turn L stepping LF to the L side, RF beside LF, LF to the L side - 09:00

B2 : CROSS, 1/2 TURN, SIDE CHASSE, CROSS 1/4 TURN, COASTER STEP

1-2 Cross RF over LF, 1/2 turn R stepping LF back - 03:00
3&4 RF to the R side, LF beside RF, RF to the R side
5-6 Cross LF over RF, 1/4 turn L stepping RF back - 12:00
7&8 LF backward, RF beside LF, LF forward

PART C : 32 counts

C1 : SHUFFLE FORWARD, 1/2 TURN SHUFFLE, 1/4 TURN SHUFFLE, KICK BALL PUSH

1&2 RF forward, LF beside RF, RF forward
3&4 1/4 turn R stepping LF to the L side, RF beside LF, 1/4 R stepping LF backward - 06:00
5&6 1/4 turn R stepping RF to the R side, LF beside RF, RF to the R side - 09:00
7&8 Kick LF on the R diagonal, ball step LF on place, push on ball step stepping RF backward

C2 : CHASSE, KICK BALL BACK CROSS, KICK BALL CROSS TWICE

- 1&2 LF to the L side, RF beside LF, LF to the L side,
- 3&4 Kick RF back on L diagonal, Rf behind LF, cross LF over RF
- 5&6 Kick RF on the R diagonal, RF beside LF, cross LF over RF
- 7&8 Kick RF on the R diagonal, RF beside LF, cross LF over RF

C3 : 1/4 TURN SHUFFLE, 1/2 TURN SHUFFLE, SQUARE STEPS

- 1&2 RF to the R side, LF beside RF, 1/4 turn L stepping RF backward, - 06:00
- 3&4 1/4 turn L stepping LF side, RF beside LF, 1/4 turn L stepping LF forward - 12:00
- 5& 1/4 turn L stepping RF to the R side, slide LF beside RF□- 09:00
- 6& 1/4 turn L stepping LF to the L side, slide RF beside LF - 06:00
- 7& 1/4 turn L stepping RF to the R side, slide LF beside RF□- 03:00
- 8 1/4 turn L stepping LF to the L side - 12:00

C4: APPLE JACK, SAILOR STEP RIGHT & LEFT

- 1& With weight on left heel and right toe, swivel right heel and left toe to the left, return to center
- 2& Weight to left toe and right heel and swivel left heel and right toe to the right, return to center
- 3& Weight back to left heel and right toe and swivel right heel and left toe to the left, return to center
- 4& Swivel right toe and left heel to the right, return to center
- 5&6 RF beside LF, LF to the L side, RF on place
- 7&8 LF beside RF, RF to the R side, LF on place

REPEAT

TAG : ROCK FORWARD, ROCK BACK,

- 1-2 Rock RF forward, recover on LF
- 3-4 Rock back on RF, recover on LF

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