

Es Una Loba

拍數: 64 牆數: 4 級數: Intermediate
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音樂: Loba - Javier Rios



RESTART & TAG :

- On Wall 2 After 16 Counts Then Add Tag 1
- On Wall 4 After 48 Counts Then Add Tag 2

I. CROSS – SIDE – CROSS SHUFFLE – SIDE ROCK – CROSS SHUFFLE

- 1 2 Step Rf Cross Over Lf – Step Lf To Left
3 & 4 Step Rf Cross Over Lf – Step Lf Slightly To Left - Step Rf Cross Over Lf
5 6 Step Lf To Side – Recover Weight On Rf
7 & 8 Step Lf Cross Over Rf – Step Rf Slightly To Right - Step Lf Cross Over Rf

II. ½ TURN LEFT – CROSS SHUFFLE – ¼ PIVOT – FULL TURN RIGHT

- 1 2 Turn ¼ Left Step Rf Backward – Turn ¼ Left Step Lf To Side
3 & 4 Step Rf Cross Over Lf – Step Lf Slightly To Left - Step Rf Cross Over Lf
5 6 Step Lf To Side – Turn ¼ Right Recover Weight On Rf
7 8 Turn ½ Right Step Lf Backward – Turn ½ Right Step Rf Forward

(1st Restart Here Add Tag 1)

III. FORWARD – TOUCH – BACK SHUFFLE – ¼ LEFT SIDE – TOUCH – FLICK

- 1 2 Step Lf Forward – Touch Rf Behind Lf
3 & 4 Step Rf Backward – Step Lock Lf Over Rf – Step Rf Backward
5 6 Turn ¼ Left Step Lf To Side – Touch Rf To Diagonal Left
7 8 Touch Rf To Side – Flick Rf Behind Lf

IV. DIAGONAL BACK SHUFFLE 2X – BACK ROCK – KICK BALL STEP

- 1 & 2 Step Rf To Back Diagonal – Step Lock Lf Over Rf - Step Rf To Back Diagonal
3 & 4 Step Lf To Back Diagonal – Step Lock Rf Over Lf - Step Lf To Back Diagonal
5 6 Step Rf Backward – Recover Weight On Lf
7 & 8 Kick Rf Forward – Step Rf Close To Lf – Step Lf In Place

V. DIAGONAL STEP LOCK – SHUFFLE 2X

- 1 2 Step Rf To Diagonal Forward Right – Step Lock Lf Behind Rf
3 & 4 Step Rf To Diagonal Forward Right – Step Lock Lf Behind Rf - Step Rf To Diagonal Forward Right
5 6 Step Lf To Diagonal Forward Left – Step Lock Rf Behind Lf
7 & 8 Step Lf To Diagonal Forward Left – Step Lock Rf Behind Lf - Step Lf To Diagonal Forward Left

VI. PIVOT ½ - FULL TURN LEFT – TRAVELLING BACK CROSS

- 1 2 Step Rf Forward – Turn ½ Left Recover Weight On Lf
3 4 Turn ½ Left Step Rf Backward – Turn ½ Left Step Lf Forward
5 6 Step Rf Cross Over Lf – Step Lf Backward
7 8 Step Rf To Side Slightly Back Diagonal – Step Lf Cross Over Rf

(2nd Restart Here Add Tag 2)

VII. BACK TOUCH – FORWARD SHUFFLE – PIVOT ¼ - CROSS TOUCH

- 1 2 Step Rf Backward - Touch Lf Cross Over Rf
3 & 4 Step Lf Forward – Step Lock Rf Behind Lf – Step Lf Forward
5 6 Step Rf Forward – Turn ¼ Left Recover Weight On Lf
7 8 Step Rf Cross Over Lf – Touch Lf To Side

VIII. CROSS TOUCH – BACK ROCK WITH SEE THRU RIGHT SHOULDER – ROCKING CHAIR

- 1 2 Step Lf Cross Behind Rf – Touch Rf To Side
3 4 Step Rf Backward Turn Face ¼ Right See To Right Shoulder – Recover Weight On Lf Face
Turn ¼ Left Facing Back To Forward
5 6 Step Rf Forward – Recover Weight On Lf
7 8 Step Rf Backward – Recover Weight On Lf

Tag 1 : 1 2 Step Lf Forward – Tap Rf Beside Lf

Tag 2 : 1 2 Step Rf To Back – Step Close Lf Beside Rf

ENJOY & HAPPY DANCING !!!!!

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