Keep Holding On

拍數: 60

級數: Improver waltz

編舞者: Jo Woods (USA) - May 2016

音樂: Keep Holding On - Jetty Road : (Album: Hearts on Fire)

Intro: Start on lyrics

SEC 1: L TWINKLE, R TWINKLE 1/2 TURN

- 1-2-3 Cross L over R, step R to R side, step L next to R
- 4-5-6 Cross R over L, ¼ turn R stepping L to L side, ¼ turn R stepping R to R side (12.00)

SEC 2: DL TWINKLE, R TWINKLE ½ TURN

- 1-2-3 Cross L over R, step R to R side, step L next to R
- 4-5-6 Cross R over L, ¼¼ turn R stepping L to L side, ¼ turn R stepping R to R side (12.00)

SEC 3: L STEP FORWARD, KICK, KICK, R BACK, POINT, HOLD

- 1-2-3 Step L forward, low kick R forward, low kick R forward
- 4-5-6 Step R back, point L to L side, hold

SEC 4: IL TWINKLE, R TWINKLE ¼ TURN

- 1-2-3 Cross L over R, step R to R side, step L next to R
- 4-5-6 Cross R over L, turn ¼ R stepping L to L side, step R next to L (3.00)

SEC 5: IR WEAVE, STEP R, POINT L TOE, HOLD

- 1-2-3 Cross L over R, step R to R side, cross L behind R
- 4-5-6 Step R to R side, point L toe to L side leaning very slightly to R, hold

SEC 6:□L ROLLING VINE, R TWINKLE

- 1-2-3 ¹/₄ turn L stepping L forward, ¹/₂ turn L stepping R back, ¹/₄ turn L stepping L to L side (3.00)
- 4-5-6 Cross R over L, step L to L side, step R next to L
- *RESTART here during wall 6 facing (12.00)

SEC 7: DL CROSS, POINT, HOLD, R BACK, POINT, HOLD

- 1-2-3 Cross L over R, point R to R side, hold
- 4-5-6 Step R back, point L to L side, hold

SEC 8: 1/2 TURN L, BASIC STEP BACK

1-2-3 ¹/₄ turn L stepping L forward, ¹/₄ turn L stepping R back, step next L to R (9.00)

4-5-6 Step R back, step L next to R, step R next to L

*RESTART here during wall 1 facing (9.00)

SEC 9: DL CROSS, POINT, HOLD, R BACK, POINT, HOLD

- 1-2-3 Cross L over R, point R to R side, hold
- 4-5-6 Step R back, point L to L side, hold

SEC 10: FULL TURN L, R ROCK FORWARD, RECOVER, STEP BACK

- 1-2-3 Step L forward, ¹/₂ turn L stepping back on R, ¹/₂ turn left stepping L forward
- 4-5-6 Rock R forward, recover on L, step back on R

RESTARTS: During wall 1 after 48 counts facing (9.00) and wall 6 after 36 counts facing (12.00)

ENDING: Section 9 facing 6.00, cross L over R, point R to R side, hold, step R back, ½ turn L stepping L forward, step R forward, cross L over R and pose.





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牆數:4