

IROHA

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 1 級數: Improver
編舞者: Juilin Chen (TW) & Irene Deng (TW) - March 2016
音樂: いろは歌- IROHA(依呂波歌) - Artist Unknown (2:28 - iTunes - 45 bpm)



Intro : 16 counts, Starting piano beat (Approx. 12 Seconds Into Track)

Sequence : 16 Tag 64 Tag 64 Tag

SECTION 1: POINT , RECOVER , POINT , RECOVER

1 – 4 Point R to right, At the same time bend the left knee(1,2), Step R beside L
5 – 8 Point L to left , At the same time bend the right knee(5,6), Step L beside R

Recommendation: hand movements refer Demo

SECTION 2: 1/8 TURN R STEP , RECOVER , 1/8 TURN L STEP , RECOVER

1 – 4 Make 1/8 turn right Step R forward(1,2),1/8 turn left R beside L(3,4)
4 – 8 Make 1/8 turn left Step L forward(4,5),1/8 turn right L beside R(7,8)

Recommendation: hand movements refer Demo

SECTION 3 : Shuffle forward , PIVOT , Shuffle forward , HOLD

1 – 4 Step R forward, step L next to R(1,2), Step R forward, ½ pivot turn left(3,4)
5 – 8 Step R forward, ,Step L next to R, Step R forward ,Hold

SECTION 4 : Shuffle 1/8 turn left x4

1 – 4 1 /8 turn left Step L forward (4:30), step R next to L, 1/8 turn left Step L forward(3:00), step R next to L
5 – 8 1 /8 turn left Step L forward(1:30), step R next to L, 1/8 turn left Step L Forward(12:00), step R next to L

SECTION 5 :LARGE STEP, ROCK , RECOVER, LARGE STEP, ROCK, RECOVER

1 – 4 Large step R to right(1,2), Cross L behind R, Recover on R
5 – 8 Large step L to left(5,6), Cross R behind L, Recover on L

Recommendation: hand movements refer Demo

SECTION 6 :STEP RIGHT , RECOVER , CROSS, HOLD, STEP LEFT, RECOVER ,CROSS, Hold

1 – 4 Step R to right , Recover on L, Cross R over L, Hold
5 – 8 Step L to left , Recover on R, Cross L over R, Hold

Recommendation: hand movements refer Demo

SECTION 7 : VINE, PIVOT 1/2TURN RIGHT, 1/4 TURN RIGHT SIDE , CROSS, SIDE

1 – 4 Step R to right, Cross L behind R, Step R to right, Make 1/4 turn right , step L forward
5 – 8 Pivot 1/2 turn right step R forward (9:00), Make 1/4 turn right step L to left Cross R behind L, Step L to left

SECTION 8: (SWAY RIGHT ,SWAY LEFT) X2

1 – 4 Step R beside L, body Sway to the right (1,2), Step L place , body light sway to the left (3,4)
5 – 8 repeat (1-4)

Recommendation: hand movements refer Demo

TAG (12 count): CROSS, RECOVER, SIDE, CROSS, RECOVER, SIDE, SWAY, SWAY

1 – 4 Cross R over L, Recover on L, Large Step R to right, Hold
5 – 8 Cross L over R, Recover on R, Large Step L to left, Hold
9 – 12 Step R place , body light sway to the right(9,10) Step L place , body light sway to the left (11,12)

Note: edit dance is based on the lyrics, hand movements refer to Demo

Have fun!!! Happy Dance

Contact – Irene Deng - E-mail: yuanmei40681@gmail.com
