

My Chocolate

COPPER KNOB
STEPSHEETS

拍數: 128 牆數: 1 級數: Phrased High Beginner
編舞者: Mayee Lee (MY) - May 2016
音樂: Chocolate (Choco Choco) - Soul Control : (3:10)



Intro: Start after 40 counts or start at 0.20 seconds

Sequence of dance: Intro AB AB Bridge (A33-64) B (B1-24) Ending

Intro (7 counts) □: R Side, Hold, Recover On L, Hold, Touch R, Hold x2

1 – 4 Step R to R(1), hold(2), recover on L(3), hold(4)
5 – 7 Touch R beside L(5), hold(6)(clap on 5-6), hold(7)(point fingers out)

Part A (64 counts)

Sec A1 □ □: R Side, L Together, R Side Shuffle, Touch L Heel Diagonal R Twice, Touch L Toe Back Twice

12 3&4 Step R to R(1), step L beside R(2), step R to R(3), step L beside R(&), step R to R(4)
5 – 8 Touch L heel twice to diagonally R(5-6), touch L back twice to back diagonally L(7-8) 1.30

Sec A2 □ □: L Side, R Together, L Side Shuffle, Touch R Heel Diagonal L Twice, Touch R Toe Back Twice

1 – 8 Do mirror set for Part A section 1

Sec A3 □ □: R Side, L Together, R Forward Shuffle, L Forward, Pivot ½ Turn R, L Forward Shuffle

12 3&4 Step R to R(1), step L beside R(2), step R forward(3), step L behind R(&), step R forward(4)
11.00
56 7&8 Step L forward(5), pivot ½ turn R step R forward(6)(6.00), step L forward(7), step R behind
L(&), step L forward(8) □ 6.00

Sec A4 □ □: R Rocking Chair, R Forward, Pivot ½ Turn L, R Out, L Out

1 – 4 Rock R forward(1), recover on L(2), rock R back(3), recover on L(4) □ 6.00
5 – 8 Step R forward(5), pivot ½ turn L step L forward(6)(12.00), step R out(7), step L out(8) 12.00

Sec A5 □ □: Clap Twice On Top, Tap Twice At R Butt, Clap Twice On Top, Tap Twice At L Butt

1 – 4 Clap twice on top(1-2), tap twice on R butt & put L hand beside your ear(3-4)
5 – 8 Clap twice on top(5-6), tap twice on L butt & put R hand beside your ear(7-8) 12.00

Sec A6 □ □: R Forward, Hold, ½ Turn L, Hold (x2)

1 – 4 Step R forward(1), hold(2), pivot ½ turn L(3)(6.00), hold(4) 6.00
5 – 8 Step R forward(5), hold(6), pivot ½ turn L(7)(12.00), hold(8) 12.00

Sec A7 □ □: Clap Twice On Top, Tap Twice At R Butt, Clap Twice On Top, Tap Twice At L Butt

1 – 4 Clap twice on top(1-2), tap twice on R butt & put L hand beside your ear(3-4)
5 – 8 Clap twice on top(5-6), tap twice on L butt & put R hand beside your ear(7-8) 12.00

Sec A8 □ □: A Go Go Jump Diagonally Back R L R L

1&2 Jump R slightly back to diagonal R(1), step L on ball beside R(&), step R on spot(2)
3&4 Jump L slightly back to diagonal L(3), step R on ball beside L(&), step L on spot(4)
5&6 7&8 Repeat 1 – 4 (Part A Section 8) 12.00

Part B (64 counts)

Sec B1 □ □: R Side, L Together, R Side, L Together, R Side, Hold, Shimmy

1 – 4 Step R to R(1), step L beside R(2), step R to R(3), step L beside R(4)
5 – 8 Step R to R(5), hold(6), shimmy on spot(7-8) □ 12.00

Sec B2 □ □: L Side, R Together, L Side, R Together, L Side, Hold, Shimmy

1 – 4 Step L to L(1), step R beside L(2), step L to L(3), step R beside L(4)

5 – 8 Step L to L(5), hold(6), shimmy on spot(7-8) □ 12.00

Sec B3 □ □: R Diagonal, Touch L, L Diagonal, Touch R, Knees Knock x4

1 – 4 Step R to diagonally R(1), touch L beside R(2), step L to diagonally L(3), touch R beside L(4)
12.00

5 – 8 Open knees & knock both knees together(5), repeat 3 times(6-8)(Part B : 1-24)

(Easy option: step R to R, hold, step L to L, Hold)

(Hand movement : twist both elbows out x4)

Sec B4 □ □: ¼ Turn R R Diagonal, Touch L, L Diagonal, Touch R, Knees Knock x4

1 – 4 ¼ turn R step R to diagonally R(1)(3.00), touch L beside R(2), step L to diagonally L(3), touch R beside L(4)

5 – 8 Open knees & knock both knees together(5), repeat 3 times(6-8) 3.00

Sec B5 □ □: ¼ Turn R R Diagonal, Touch L, L Diagonal, Touch R, Knees Knock x4

1 – 4 ¼ turn R step R to diagonally R(1)(6.00), touch L beside R(2), step L to diagonally L(3), touch R beside L(4)

5 – 8 Open knees & knock both knees together(5), repeat 3 times(6-8) □ 6.00

Sec B6 □ □: ¼ Turn R R Diagonal, Touch L, L Diagonal, Touch R, Knees Knock x4

1 – 4 ¼ turn R step R to diagonally R(1)(9.00), touch L beside R(2), step L to diagonally L(3), touch R beside L(4)

5 – 8 Open knees & knock both knees together(5), repeat 3 times(6-8) □ 9.00

Sec B7 □ □: ¼ Turn R R Diagonal, Touch L, L Diagonal, Touch R, Knees Knock x4

1 – 4 ¼ turn R step R to diagonally R(1), touch L beside R(2), step L to diagonally L(3), touch R beside L(4)

5 – 8 Open knees & knock both knees together(5), repeat 3 times(6-8) 12.00

Sec B8 □ □: R Side, Touch L, L Side, Jump To R, Hold, Jump To L, Hold

1 – 4 Step R to R(1)(12.00), touch L beside R(2), step L to L(3), touch R beside L(4) □ 12.00

5 – 8 Jump R to R & touch L beside R(5), hold(6), jump L to L & touch R beside L(7), hold(8) □ 12.00

Bridge (39 counts)

Sec b1 □ □: Kick R, R Back, L Back Rock, Recover On R, Kick L, L Back, R Back Rock, Recover On L

1 - 4 Kick R forward(1), step R back(2), rock L back(3), recover on R(4)

5 - 8 Kick L forward(5), step L back(6), rock R back(7), recover on L(8) □ 12.00

Sec b2 □ □: R Side Shuffle With ¼ Turn R, Hold, L Forward, Pivot ½ Turn R, ¼ Turn R Touch L, Hold

1 - 4 Step R to R(1), step L beside R(2), ¼ turn R step R forward(3)(3.00), hold(4) □ 3.00

5 - 8 Step L forward(5), pivot ½ turn R step on R(6)(9.00), ¼ turn R touch L beside R(7), hold(8) 12.00

Sec b3 □ □: Kick L, L Back, R Back Rock, Recover On L, Kick R, R Back, L Back Rock, Recover On R

1 - 4 Kick L forward(1), step L back(2), rock R back(3), recover on L(4)

5 - 8 Kick R forward(5), step R back(6), rock L back(7), recover on R(8) □ 12.00

Sec b4 □ □: L Side Shuffle With ¼ Turn L, Hold, L Forward, Pivot ½ Turn L, ¼ Turn L Touch R, Hold

1 - 4 Step L to L(1), step R beside L(2), ¼ turn L step L forward(3)(9.00), hold(4) □ 9.00

5 - 8 Step R forward(5), pivot ½ turn L step on L(6)(3.00), ¼ turn L touch R beside L(7), hold(8) 12.00

Sec b5 □ □: R Side, Hold, Recover On L, Hold, Touch R, Hold x2

1 – 4 Step R to R(1), hold(2), recover on L(3), hold(4)

5 – 7 Touch R beside L(5), hold(6)(clap on 5-6), hold(7)(point fingers out) □ 12.00

Ending (15 counts)

Sec E1□□: R Back Diagonal, Touch L, L Back Diagonal, Touch R, Knees Knock x4

1 – 4 Step R diagonally back(1), touch L beside R(2), step L diagonally back(3), touch R beside L(4) 12.00

5 – 8 Open knees & knock both knees together(5), repeat 3 times(6-8)

Sec E2□□: R Side, Hold, Recover On L, Hold, Touch R, Hold x2

1 – 4 Step R to R(1), hold(2), recover on L(3), hold(4)

5 – 7 Touch R beside L(5), hold(6)(clap on 5-6), hold(7)(point fingers out)□12.00

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