

Just Have Faith

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Gary O'Reilly (IRE) - March 2016
音樂: It's Alright, It's OK (feat. Anthony Hamilton) - Shirley Caesar : (iTunes)



Intro: 48 counts after heavy beat on the lyric "sometimes"

S1: BUMP FWD BACK FWD, L SAILOR ½, ¼ CROSS SIDE, L ½ SAILOR CROSS

1&2 Step forward on right bumping hips forward right, Bump back left, Bump forward right (weight ends on right)
3&4 Step left behind right, ½ turn left stepping right next to left, Step forward on left [6.00]
5&6 ¼ turn left stepping right to right side, Cross left over right, Step right to right side [3.00]
7&8 Step left behind right, Turn ½ left stepping right, Cross left over right [9.00]

S2: SIDE CROSS, ¼, STEP ¼ CROSS, ¼ BACK, BACK, CROSS, BACK, BACK, CROSS, BACK, TOGETHER

&1 Step right to right side, Cross left over right dipping down slightly into knees
2,3 ¼ turn right stepping forward on right, Step forward left [12.00]
&4 Pivot ¼ right, Cross left over right [3.00]
5& ¼ turn left stepping back on right, Step back on left [12.00]
6& Cross right over left, Step back on left
7& Step back on right, Cross left over right
8& Step back on right, Step left next to right

S3: WALK R, WALK L, OUT OUT, BALL CROSS, ¼, ½, ROCK RECOVER, KICK TOGETHER

1,2 Walk forward right, Walk forward left
&3 Step out right to right side, Step out left to left side
&4 Step on ball of right next to left, Cross left over right
5,6 ¼ turn right stepping forward right [3.00], ½ turn right stepping back on left [9.00]
7& Rock back on right, Recover on left
8& Kick right forward, Step right next to left

S4: ROCK, RECOVER, BALL STEP, TWIST ½, TWIST ½, ½ BACK, R COASTER, RUN

1,2 Rock forward on left, Recover on right
&3 Step on ball of left next to right, Step forward on right
4,5 Twist ½ turn left (weight onto left) [3.00], Twist ½ turn right (Weight on right) [9.00]
6 ½ turn right stepping back on left [3.00]
7&8& Step back on right, Step left next to right, Step forward on right, Small run forward on left

Choreographed & released in Gardelegen @ DJ Henry Schwentke's event (26/03/16)

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