

Cake By The Ocean

拍數: 64 牆數: 2 級數: High Intermediate
編舞者: Nathan Gardiner (SCO) - May 2016
音樂: Cake by the Ocean - DNCE : (Clean Version)



Intro: 16 counts

Out, Out, Rock Back, Recover, Kick Ball Step, Shoulder Pops

1-2 Step R slightly to R side, Step L slightly to L side
3-4 Rock back on R, Recover on L
5&6 Kick R forward, Step R next to L, Step slightly forward on L
7&8 Pull R shoulder up pushing L shoulder down, Pull L shoulder up pushing R shoulder down,
 Push L shoulder down

Walk Back R & L, Step Back with Hip Bumps R & L, Rock Back, Recover

1-2 Step back on R, Step back on L
3&4 Step back on R popping L knee forward, Bump hips slightly to L diagonal, Bump hips back
5&6 Step back on L popping R knee forward, Bump hips slightly to R diagonal, Bump hips back
7-8 Rock back on R, Recover on L

Out, Out, Heel Swivels R & L, Hitch, Point, Touch, Point

1-2 Step R slightly to R side, Step L slightly to L side
3&4& Swivel R heel to L, Swivel R heel back to centre, Swivel L heel to R, Swivel L heel back to
 centre
5-6 Hitch R slightly across L, Point R to R side
7-8 Touch R next to L, Point R to R side

Jazz Box ¼ R , Chest Pops

1-2 Cross R over L, Step back on L
3-4 ¼ R stepping R to R side, Step L next to R
5&6& Pop chest forward pulling shoulders back, Push shoulders forward, Pop chest forward pulling
 shoulders back, Push shoulders forward
7&8& Pop chest forward pulling shoulders back, Push shoulders forward, Pop chest forward pulling
 shoulders back, Push shoulders to centre

Side R, Touch, Kick Ball Cross, ¼ L, Step ¼ L, Ball Side

1-2 Step R to R side, Touch L next to R
3&4 Kick L to L diagonal, Step L next to R, Cross R over L
5 ¼ L stepping forward on L
6-7 Step forward on R, ¼ L
&8 Step R next to L, Step L to L side

Sway R, Sway L, Sway R, Hitch, ¼ L, ½ L, ¼ L, Cross

1-2 Step R to R side swaying hips to R side L (Slightly bending knees), Sway hips to L side
 (Knees still bent)
3-4 Sway hips to R side (Standing up), Hitch L slightly across R
5-6 ¼ L stepping forward on L, ½ R stepping back on R
7-8 ¼ L stepping L to L side, Cross R over L

Side L, Hold, Ball Side, Touch, Side R, Hold, Ball Side, Touch

1-2 Step L to L side, Hold (Option: Start body roll L or start hip roll clockwise)
&3-4 Step R next to L (Stop body roll or Hip roll), Step L to L side, Touch R next to L
5-6 Step R to R side, Hold (Option: Start body roll R or start hip roll anti-clockwise)

&7-8 Step L next to R (Stop body roll or hip roll, Step R to R side, Touch L next to R

Side L, Behind, ¼ L, Scuff, Walk Forward with Knee Pops

1-2 Step L to L side, Step R behind L

3-4 ¼ L stepping forward on L, Scuff R forward

5-6 Step forward on R popping L knee forward, Step forward on L popping R knee forward

7-8 Step forward on R popping L knee forward, Step forward on L popping R knee forward

Tag: End of wall 2

Hip Bump RX2, Hip Bump LX2, Sway R, Sway L, Sway R, Sway L

1&2 Bump hips to R side, Bump back to centre, Bump hips to R side

3&4 Bump hips to L side, Bump hips back to centre, Bump hips to L side

5-6 Sway hips to R side, Sway hips to L side

7-8 Sway hips to R side, Sway hips to L side

Restart: On wall 5 dance 48 counts change ¼ L, Cross to Shuffle ½ L then Restart the dance

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