

# 7 Years

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Ultra Beginner  
編舞者: Debbie Small (USA) - May 2016  
音樂: 7 Years - Lukas Graham



Intro: Start on "once"

## **SIDE ROCK, BACK ROCK, LINDY**

1-2      Rock right side, recover left  
3-4      Rock right back, recover left  
5&6      Step right side, step left together, step right side  
7-8      Rock left back, recover right

## **SIDE ROCK, BACK ROCK, LINDY**

1-2      Rock left side, recover right  
3-4      Rock left back, recover right  
5&6      Step left side, step right together, step left side  
7-8      Rock right back, recover left

## **SIDE ROCK, BACK ROCK, PIVOT 1/4 LEFT**

1-2      Rock right side, recover left  
3-4      Rock right back, recover left  
5-6      Step right forward, hold  
7-8      Pivot ¼ left and step left forward, hold (9:00)

## **STEP TOUCH DIAGONALLY FORWARD, STEP TOUCH DIAGONALLY BACK 3X**

1-2      Step right diagonally forward, touch left next to right  
3-4      Step left diagonally back, touch right next to left  
5-6      Step right diagonally back, touch left next to right  
7-8      Step left diagonally back, touch right next to left

**Repeat**

Contact: [Debdancinabc@yahoo.com](mailto:Debdancinabc@yahoo.com)

---