

# Undisturbed Silence

**COPPER** **KNOB**  
BY STEPHEN

拍數: 60      牆數: 2      級數: High Intermediate  
編舞者: Larry Schmidt (USA) - May 2016  
音樂: The Sound of Silence - Disturbed : (Album: Immortalized)



#16 ct intro. Lyrics start "Hello Darkness My Old Friend", start just before he sings "Friend" (Wt on left)

[1-9] □ "TWIST STEP" (right across left), SIDE ROCK-RECOVER-CROSS, 1/4 BACK-SIDE-CROSS, SWAY L, SWAY R, TRIPLE LEFT

1                    Step right across left turning upper body to right diagonal,  
2&3                Rock left onto left foot, Recover wt to right, Step left across right,  
4&5                Turn ¼ left stepping back onto right, Step left foot left, Step right across left, (9:00)  
6, 7                Step left foot left swaying hips left, Sway hips right w/ wt to right foot,  
8&1                Step left foot left, Step right next to left, Step left foot left.

[10-17] ROCK-RECOVER-1/4 SIDE, ROCK-RECOVER-1/4 FORWARD, WALK, WALK (turning ¼), RUN, RUN, RUN (in a ½ circle w/ long side step at end)

2&3                Rock right foot behind left, Recover weight to left, Turn ¼ left onto right, (6:00)  
4&5                Rock left foot behind right, Recover weight to right, Turn ¼ right stepping forward onto left, (3:00)  
6, 7                Walk forward on right turning 1/8 right, Walk forward on left turning 1/8 right (12:00)  
8&1                Run R-L-R making a ½ circle and making a long step right on the last step. (6:00)

[18-25] ROCK-RECOVER-SIDE, ROCK-RECOVER- ¼ BACK, ½ L, ¼ L, SAILOR w/ ¼ turn

2&3                Rock left behind right, Recover weight to right, Step left foot left,  
4&5                Rock right behind left, Recover weight to left, Turn ¼ left stepping back onto right, (3:00)  
6, 7                Turn ½ left stepping forward onto left, Turn ¼ left stepping to side onto right, (6:00)  
8&1                Sweep left foot behind right making ¼ turn left, Step right foot right, Step left across right, (3:00)

[26-33] ¼ R LUNGE (LOOK), RECOVER w/ ½ TURN L, STEP- ¼ PIVOT-CROSS SIDE, TOGETHER, TRIPLE w/ ¼ LEFT

2, 3                Lunge ¼ right onto right (6:00), Recover weight to left turning ½ left (12:00)  
4&5                Step right foot forward, Pivot ¼ left onto left, Step right across left, (9:00)  
6, 7                Step left foot left, Step right next to left,  
8&1                Turn ¼ left stepping forward onto left, Step right next to left, Step left foot forward. (6:00)

[34-41] ROCK-RECOVER-BACK, BACK-BACK-BACK w/drag, BACK COASTER STEP, STEP, ¼ PIVOT R

2&3                Rock forward onto right, Recover weight to left, Step back onto right (dragging left),  
4&5                Step back on left, Step back on right, Step back on left (dragging right),  
6&7                Step back on right, Step left next to right, Step right foot forward,  
8, 1                Step left foot forward, Pivot ¼ right onto right (9:00)

[42-49] CROSS ROCK-RECOVER-SIDE, CROSS ROCK-RECOVER-SIDE, CROSS, ¼ BACK, TRIPLE w/ ½ TURN LEFT

2&3                Rock left foot across right, Recover weight to right, Step left foot left,  
4&5                Rock right foot across left, Recover weight to left, Step right foot right,  
6, 7                Step left across right, Turn ¼ left stepping back onto right, (6:00)  
8&1                Turn ¼ left onto left, Step right next to left, Turn ¼ left stepping forward onto left. (12:00)

[50-57] ROCK-RECOVER-BACK, BACK, ½ TURN R, STEP- ½ PIVOT-STEP, CROSS ROCK-RECOVER-SIDE

2&3                Rock forward onto right, Recover weight to left, Step right foot back,

- 4, 5 Step left foot back, Turn  $\frac{1}{2}$  right stepping forward onto right, (6:00)  
6&7 Step left forward, Pivot  $\frac{1}{2}$  right onto right, Step left foot forward (12:00)  
8&1 Rock right foot across left, Recover weight to left, Step right foot right.

**[58-60] CROSS,  $\frac{1}{4}$  TURN L,  $\frac{1}{4}$  TURN L**

- 2 Step left foot across right  
3 Turn  $\frac{1}{4}$  left stepping back onto right,  
4 Turn  $\frac{1}{4}$  left stepping to the side onto the left foot. (6:00)

**Restart: 4th wall: Dance thru count 55 (Step-1/2 Pivot- Step) Then replace the next Cross, Recover, Side with Step,  $\frac{1}{2}$  Pivot, Step, Step and restart from the beginning.**

- 8&1 Step right foot forward, Pivot  $\frac{1}{2}$  onto left, Step right foot forward (12:00)  
2 Step left foot forward.

**Ending: At the end you will be facing 6:00, the music stops for a while. You can stop here or keep dancing at the same speed thru count 23, you'll now be facing 12:00, then for count 24, take a long step to the side with the left foot and pose.**

Enjoy

Larry Schmidt - 316-262-6450 - 1108 W 13th St N – Wichita, Ks 67203 USA ☐  
lschmidt3@cox.net - 316-650-7985 cell

---