Out of My League



拍數: 32 牆數: 4 級數: Low Intermediate

編舞者: Laura Gordon (USA) - May 2016 音樂: Make You Mine - High Valley



Intro 16 counts

S:1: Stomp Rx2 Stomp Lx2 Skate fwd x4

1-2	Foot is put down flat with force lift up and repeat on right
3-4	Foot is put down flat with force lift up and repeat on left
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5	Skate forward to the R diagonal
6	Skate Forward to the L diagonal
7	Skate forward to the R diagonal
8	Skate forward to the L diagonal

S:2: Ball rock roll, recover Shuffle back R&L, step quarter turn left with body roll

&1-2 ste	ep on ball of ric	tht next to left, rock forward or	ι left as vou roll bod	v forward, recover back on

right as you roll body up and back

3&4	Step back on L & Step ball of R next to L to Step back on L
5&6	Step back on R & Step ball of L next to R to Step back on R
7&8	Step out on left with quarter turn (9:00) with body roll

S:3: Side slide Claps R and Left, stepx2 with hands raised bring feet in with clap,

1-2	slide out to the right clap
3-4	slide out to the left clap

5-6 step behind away to the right, have right hand raised up parallel to shoulder and then step

behind away on left with left hand raised up parallel to should same level with right hand

7&8 bring in both feet heels first together then toes together then heels bringing to the center clap

on 8

S:4: lean back, right left forward and back points, scuff

1-4 With weight on the left lean back and end with weight on the right.

Point to the right with right and then shift weight to point to the left with left

7&8 Shift weight to point forward and point back ending with right foot swinging forward with just

heel touching

One Restart: Start the first 20 counts of the dance facing the 4th wall (3:00) end facing the front after stepping to the left with the quarter turn and body roll, side clap to the right and left and then begin the dance again with the stomps on the right!

Styling notes: When skating forwards (first 5-8 counts of the dance) for the chorus, fun hop skips work very well! Walls #3 and #6 continue on until the song ends!

When leaning back last set of 8 counts the first 4 counts think "matrix" lean as far back as you feel comfortable have both your hands reach out front for the whole 4 counts of the lean, kind of like riding a motorcycle that's going really fast!

HAVE FUN!

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