

# Sofia

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Francien Sittrop (NL) - May 2016  
音樂: Sofia - Álvaro Soler



## Intro: Start after 16 Counts on Vocals

### [1 – 8] □ Step fwd, ½ L, Kick Ball Step, Syncopated Lockstep, Kick Ball Cross

1 – 2      Step R fwd, make ½ Turn L on ball of R (weight ends on R) and touch L next to R (06.00)  
3 & 4      Kick L fwd, Step L down, Step R fwd  
5 – 6&      Step L diag. L fwd, Lock R behind L, Step L Diag L fwd  
7 & 8      Kick R fwd, Step R down, Step L across R

### [9 – 16] □ Side Rock, Recover, Behind, Side, Cross, Side Rock, Recover, Behind, ¼ R, Step fwd

1 – 2      Rock R to R side, Recover on L  
3 & 4      Step R behind L, Step L to L side, Step R across L  
5 – 6      Rock L to L side, Recover on R  
7 & 8      Step L behind R, ¼ Turn R step R fwd, Step L fwd (09.00)

### [17-24] □ Rock fwd, Recover, Triple Full Turn R, Rock Step, Recover, Shuffle ½ Turn L

1 – 2      Rock R fwd, Recover on L  
3 & 4      Triple full turn R with R, L R  
5 – 6      Rock L fwd, Recover on R  
7 & 8      ¼ Turn L step L to L side, Step R next to L, ¼ Turn L step L fwd (03.00)

### [25-32] □ Jazz Box, Toe Touches fwd and Back, Kick Ball Cross

1 – 4      Step R across L, Step L back, Step R to R side, Step L across R  
5 – 6      Touch R toe fwd, Touch R toe back  
7 & 8      Kick R fwd, Step R down, Step L across R

### [33-40] □ Side, Clap Clap, Side, Clap, Clap, Side Rock, Recover, Crossing Shuffle

1 & 2      Step R to R side, Clap hands twice  
&3&4      Step L next to R, Step R to R side, Clap hands twice  
&5-6      Step L next to R, Rock R to R side, Recover on L  
7 & 8      Step R across L, Step L to L side, Step R across L

### [41-48] □ Paddle ½ Turn R, Cross Rock, Recover, Cross Rock, Recover, Prissy Walks fwd L, R

1 – 2      Touch L fwd and paddle ½ Turn R, Touch L to L side (09.00)  
3-4&      Rock L across R, Recover on R, Step L next to R  
5-6&      Rock R across L, Recover on L, Step R next to L  
7 – 8      Step L across R, Step R across L

### [49-56] □ Monterey ½ L, Shuffle fwd R, L

1 – 4      Touch L to L side and make ½ Turn L, Step L next to R, Touch R to R side, Touch R Next to L (03.00)  
5 & 6      Step R fwd, Step L next to R, Step R fwd  
7 & 8      Step L fwd, Step R next to L, Step L fwd

### [57-64] □ Jump fwd, Touch and Clap, Jump back, Touch and Clap, Skates back, Rock back, Recover

&1-2      Jump Diag R fwd with R(&), Touch L next to R(1), Clap hands (2)  
&3-4      Jump Diag L back with L (&), Touch R next to L (3), Clap Hands (4)  
5 – 6      Skate back R, L  
7 – 8      Rock R back, Recover on L

**Start again**

**Tags:-**

**Tag 1 after wall 1 & 3 and start again with count 1**

**Tag 2 after wall 2 & 4 and start again with count 1**

**Tag 1: Rocking Chair R**

1 – 4                Rock R fwd, Recover on L, Rock R back, Recover on L

**Tag 2 (16 Counts) : Rocking chair, Jazz box ½ Turn R**

1 – 4                Rock R fwd, Recover on L, Rock R back, Recover on L

5 – 8                Step R across L, ¼ Turn R step L back, ¼ Turn L step R fwd, Step L fwd

9 - 12              Rock R fwd, Recover on L, Rock R back, Recover on L

13-16              Step R across L, ¼ Turn R step L back, ¼ Turn L step R fwd, Step L fwd

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**Last Update - 11th May 2016**

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