

# Cyndi's Heartaches

**COPPER KNOB**  
BY STEPSHEETS

拍數: 64      牆數: 2      級數: Easy Intermediate  
編舞者: Joyce Nicholas (MY) - May 2016  
音樂: Heartaches By the Number - Cyndi Lauper : (Album: Detour)



**Intro: 32 counts – Start on vocal**

**(1-8) CROSS ROCK, CHASSE, FWD & SIDE TOUCHES, STEP**

1-2            Cross rock R over L, Recover on L  
3&4           Step R to R side, Step L beside R, Step R to R  
5-6           Touch L fwd, Touch L to side  
7-8           Touch L fwd, Step L back in place

**(9-16) SHUFFLE FWD, ROCK, RECOVER, SHUFFLE BACK, ROCK, RECOVER**

1&2           R Shuffle fwd RLR  
3-4           Rock fwd L, Recover back on R  
5&6           L Shuffle back LRL  
7-8           Rock back on R, Recover fwd on L

**(17-24) ROCK, RECOVER, ¼ TURN R SHUFFLE, TOE STRUTS**

1-2           Rock fwd on R, Recover back on L  
3&4           Turn ¼ R stepping R to R side, Step L next to R, Step R to R side  
5-6           Step fwd on L toe, Drop down heel  
7-8           Step fwd on R toe, Drop down heel

**(25-32) SIDE, CROSS, SIDE, KICK (L THEN R)**

1-2           Step L to L side, Cross R over L  
3-4           Step L to L side, Kick R across L ( to L diagonal)  
5-6           Step R to R side, Cross L over R  
7-8           Step R to R side, Kick L across R ( to R diagonal)

**(33-40) ROCK, RECOVER, TRIPLE ½ TURN, ROCK, RECOVER, COASTER STEP**

1-2           Rock fwd on L, Recover on R  
3&4           Triple ½ turn L stepping L, R, L  
5-6           Rock fwd on R, Recover back on L  
7&8           Step back on R, Step L next to R, Step fwd on R

**(41-48) SIDE, CROSS, SIDE, KICK (L THEN R)**

1-2           Step L to L side, Cross R over L  
3-4           Step L to L side, Kick R across L (to L diagonal)  
5-6           Step R to R side, Cross L over R  
7-8           Step R to R side, Kick L across ( to R diagonal)

**(49-56) R ¼ PIVOT, FWD HIP BUMPS, STEP BACK**

1-2           Step fwd L, Pivot ¼ R (weight on R)  
3-4           Bump L hips fwd twice  
5-6           Bump R hips fwd twice  
7-8           Large step back on L, Step R next to L

**(57-64) UNWIND ½ L, CROSS POINT X 2, STEP BACK**

1-2           Touch L behind R, Unwind ½ turn L  
3-4           Cross R over L, Point L to L

5-6 Cross L over R, Point R to R  
7-8 Step slightly back on R, Step L next to R

**START AGAIN**

**Tag: (8 counts) – Danced once at end of wall 2 (facing front)**

**(1-8) ROCKING CHAIR, SWAY SWAY**

1-2 Rock fwd on R, Recover on L  
3-4 Rock back on R, Recover on L  
5-8 Sway R, L, R, L

**Ending: On wall 6 (last wall facing back), dance steps 1-24 (toe struts), then making ¼ turn R, do a L toe strut and pose.**

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