

Boys & Girls

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: High Intermediate
編舞者: Rhoda Lai (CAN) - May 2016
音樂: Boys & Girls (feat. Pia Mia) - will.i.am



Music: <https://itunes.apple.com/nz/album/boys-girls-feat.-pia-mia-single/id1096419014>

Intro: □48 counts

Note: □4-count Tag at the end of Walls 1 & 3. 1 Restart during Wall 5 (see below)

S1: □R Side, L Back-Rock-Side, R Behind - ¼ L - L Forward, Pencil Full, Shoulder Rolls- R Hitch

- 12&3 Step R to the side, rock back L, recover onto R, step L to L side
4& Step R behind L, ¼ L stepping forward L □ (9:00)
56 Make a full turn L spin over 2 counts and move R next to L (easy option: ½ L on R, ½ L on L on the spot)
7&8 Roll R shoulder back, roll L shoulder back, hitch R

S2: □R Coaster Step, L Forward, R Forward - Pivot ¼ L - Cross, ¼ R, ½ R, L Side

- 1&2 Step back R, step L beside R, step forward R
34&5 Step forward L, step forward R, pivot ¼ L, cross R over L □(6:00)
678 ¼ R stepping back L, ½ R stepping R forward, step L to L side (3:00)

S3: □R Heel Strut, ¼ L- L Heel Strut, R Rocking Chair, R Forward, Lunge L

- 12 Tap R heel to R diagonal, bend knees and gradually transfer weight to R with body straightened-up
34 ¼ L and repeat the same move with L foot (easy option for counts 1-4: 2 Heel struts R & L) (12:00)
5&6& Rock forward R, recover onto L, rock back R, recover onto L
7&8 Step forward R, ¼ R lunging L to the side, recover onto R □(3:00)

S4: □¼ L, R Step back, L Heel-step, R Forward Pivot ¼, R Cross, L Side-behind, ¼ L - L Forward, R touch

- 1&2& ¼ L stepping L beside R, step back R, touch L heel to L diagonal, step L in place □(12:00)
345 Step forward R, pivot ¼ L, cross R over L (opt styling on count 5: pop L knee when crossing R) (9:00)
6&78 Step L to L side, step R behind L, ¼ L stepping L forward, touch R beside L (6:00)

S5: □Walk Back RLR, L Coaster Step, R Forward, L Forward lock steps

- 123 Walk back R, walk back L and hitch R, walk back R (opt styling on count 2: raise hands to hit the accent of the music)
4&5 Step back L, step R beside L, step forward L
6 Step forward R
7&8 Step forward L, lock R behind L, step forward L *** Restart here during Wall 5

S6: □R Kick-and-touch, L Side-rock-cross, R-Side-rock-cross, ½ L, ½ L

- 1&2 Kick R forward, step R in place, touch L toes behind
3&4 Rock L to L side, recover onto R, cross L over R
5&6 Rock R to R side, recover onto L, cross R over L
78 Unwind ½ L (weight on L), ½ L stepping R back □(6:00)

S7: □L Out R Out, Hip Rolls, R Cross Mambo, L Cross Mambo ¼ L

- 12 Step L out to L side, step R out to R side (feet apart)
34 Hip rolls clockwise from R to L (ending weight on L)
5&6 Cross R over L, recover onto L, step R to R side

7&8 Cross L over R, recover onto R, ¼ L stepping L forward (3:00)

S8: □Jump ¼ L, Jump ½ L, R Rock-out-out, Free-style knee pops/stanky leg/butterfly

12 ¼ L jump/heel bounce on both feet, ½ L jump/heel bounce on both feet (Jump higher on the 2nd one!) (6:00)

3&4 Rock forward R, step L out to L side, step R out to R side

5678 Pop knees in L, R, L, R (Or Free style anything with ending weight on L. This is meant to be playful and creative!)

***4 –count Tag at the end of Walls 1 & 3: shimmy, shake whatever you like or just stand with folded arms to look real COOL!**

Restart: □During 5 th wall, dance up to 40 counts and restart the dance (6:00)

Ending:□During 7th wall, dance up to counts 6 on S2, do this on the next 2 counts to face 12:00

7&8 ¼ R stepping R to R side, put R hand up, put L hand up

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