

Come Back

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Susy O'Shea (CAN) - May 2016
音樂: Lover Come Back - City and Colour : (Album: If I Should Go Before You)



#16 count intro

(1 - 8) Basic R & L, R/L hip pushes, syncopated rocking chair

1, 2& Step R to right side, rock back on left, recover on right
3, 4& Step L to left side, rock back on right, recover on left
5 - 6 Step fwd R diag. & push R hip fwd, Step fwd L diag.l & push L hip fwd
7&8& Rock R fwd, recover onto L, Rock R back, recover onto L

(9 - 16) Syncopated Mambo Crosses, 1/4 turn L with sweep, L back lock...

1 & 2 R foot rock right, recover onto L, R foot cross over L foot
& 3 & L foot rock left, recover onto R, L foot cross over R foot
4, 5&6 Make 1/4 turn L stepping back on R & sweep L foot from front to back, step L foot back, R foot cross in front of L foot, L foot step back
&7&8& Touch R foot in front of L, step R foot fwd, touch L foot behind R foot, step L foot back, touch R foot in front of L foot

Restart: On wall 3 facing 3 o'clock

(17-24) Step, 1/4 L cross, 1/4 R, 1/4 R touch, L triple fwd, R fwd coaster

1, 2& Step R foot fwd, 1/4 turn L step L next to R, cross R foot over L foot
3, 4& 1/4 turn R stepping back on L, 1/4 turn R step R foot to R side, touch L foot next to R
5 & 6 Step L foot fwd, step R beside L, step L foot fwd
7 & 8 Step R foot fwd, step L next to R, step R foot back

(25-32) 1/4 turn L triple step, R cross rock/rec, L cross rock/rec, heel swivel

1 & 2 1 /4 turn L step L to left side, step R next to L, step L to L side
3 & 4 Cross R in front of L, recover on L, step R foot to right side
&5, 6 Cross L in front of R, recover on R, step L foot to left side
7 & 8a Swivel R heel in towards L, swivel R toe in towards L, swivel R heel in towards L, hitch R knee slightly

REPEAT

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