Baila Loca



編舞者: Raymond Sarlemijn (NL) & Darren Bailey (UK) - April 2016

音樂: Watazu - Baila loca



For real samba feeling change the '&' counts into 'a' counts

Forward, 1/4 turn side, 1/4 turn behind, coaster step, botafogo, 1/4 turn left cross shuffle.

- 1 RF forward.
- & ¼ turn right, LF step left.
- 2 ¼ turn right, RF step behind.
- 3 LF step back.
- & RF close LF.
- 4 LF step forward.
- 5 RF cross forward LF.
- & LF step left.
- 6 Recover weight RF.
- 7 LF cross over RF
- & Rf lock behind LF.
- 8 ¼ turn left, LF cross forward RF.

1/4 turn cross shuffle, touch side, touch forward, touch side, cross behind, touch side, cross behind, hold, change weight, 1/4 turn cross shuffle

- & RF behind LF,
- 1 ¼ turn left, LF cross forward RF.
- 2 RF touch right.
- & RF touch forward.
- 3 RF touch right.
- & RF behind LF.
- 4 LF step left.
- & recover weight RF.
- 5 LF step behind RF.
- 6 Hold
- & RF step right.
- 7 1 /8 turn left LF cross forward RF.
- & RF step right.
- 8 1 /8 turn left, LF cross froward RF.

1/4 turn left cross shuffle, rockstep forward, sailor step, hold, close, side, weight change.

- & RF step right.
- 1 ¼ turn left, LF cross forward RF.
- 2 RF rock forward.
- 3 Recover weight on left, RF make ronde.
- 4 RF behind LF
- & Recover weight LF.
- 5 RF step right
- 6 Hold.
- & RF next left.
- 7 LF Step left.
- 8 make with left hip countra clock movement and wight change to RF.

Behind side forward, mambo cross, side, rcover, forward, recover, back, kick, look back, recover.

1	LF behind RF.
&	RF step right.
2	LF cross forward RF.
3	RF Step right.
&	Recovr weight on LF.
4	RF cross forward LF.
&	LF step Left.
5	Recover weight RF.
&	LF step forward:
6	Recover weight RF
&	LF step back
7	RF kick forward.
&	RF step back, look back.
8	Recover weight on LF

Start again, have fun