

Mother's Hands

COPPER KNOB
STEPPERS

拍數: 57 牆數: 4 級數: Improver waltz
編舞者: Jennifer Jou (TW) - May 2016
音樂: A Mu De Shou (阿母的手) - Zhan Ya Wen (詹雅雯)



Introduction : 6 counts

Sequence : Intro Dance (33) /24/24/24/Bridge (27)/24/24/24/24/24/24

[[[Main Dance : 24 counts]]]

Sec 1 : □Twinkle, Twinkle with 1/2 Turn Right

1-2-3 Cross step LF over RF, step RF to right side, step LF in place

4-5-6 Cross step RF over LF, make 1/4 turn right stepping LF back, make 1/4 turn right stepping RF to right side (6:00)

Sec 2 : □Basic Forward Waltz, Coaster Step

1-2-3 Step LF forward, step RF next to LF, step LF next to RF

4-5-6 Step RF back, step LF next to RF, step RF forward and sweep LF from back to front

Sec 3 : □Weave Right, Sweep, Weave Left, Sweep

1-2-3 Cross step LF over RF, step RF to right side, cross step LF behind RF and sweep RF from front to back

4-5-6 Cross step RF behind LF, step LF to left side, cross step RF over LF and sweep LF from back to front

Sec 4 : □Jazz Box with 1/4 Turn Left, Side, Hips Sways

1-2-3 Cross step LF over RF, make 1/4 turn left stepping RF back, step LF to left side (3:00)

4-5-6 Step RF to right side swaying hips to right, sway hips to left, sway hips to right

[[[Intro Dance : 33 counts]]]

Sec 1 : □Basic Forward Waltz

1-2-3 Step LF forward, step RF next to LF, step LF next to RF

4-5-6 Step RF forward, step LF next to RF, step RF next to LF

Sec 2 : □Balance Step * 2

1-2-3 Step LF to left side, rock slightly behind LF with RF, recover onto LF

4-5-6 Step RF to right side, rock slightly behind RF with LF, recover onto RF

Sec 3 : □Basic Back Waltz

1-2-3 Step LF back, step RF next to LF, step LF next to RF

4-5-6 Step RF back, step LF next to RF, step RF next to LF

Sec 4 : □Balance Step * 2

Repeat Sec 2

Sec 5 : □(Big Step, Drag, touch) * 2

1-2-3 Make a big step to left side on LF, drag RF toward LF, touch RF next to LF

4-5-6 Make a big step to right side on RF, drag LF toward RF, touch LF next to RF

(For Bridge Dance, skip Sec 5 and dance Sec 6 after Sec 4)

Sec 6 : □Back & Bend Knee, Recover, Touch Together

1-2-3 Step LF back and bend left knee, recover onto RF, touch LF next to RF

[[[Bridge : 27 counts]]]

At the end of 3rd wall facing 9:00, do Bridge, Bridge is almost the same as Intro Dance.

You will do Sec 1 to Sec 4 of Intro Dance, skip Sec 5, then finish with Sec 6.

A blessing tribute to all mothers. Happy Mother's Day and enjoy the dance!

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