

Light It Up

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Phrased Intermediate
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音樂: Light It Up (feat. Nyla & Fuse ODG) (Remix) - Major Lazer



Sequence... AA B AA B A Tag B A

PART A (32 counts)

A1: PRESS, RECOVER, PRESS, RECOVER, WEAVE, PRESS RECOVER, PRESS, RECOVER, WEAVE

- 1&2&3&4 Press forward on RF, recover on LF, press right on RF, recover on LF, cross RF behind LF, step left on LF, cross RF in front of LF
5&6&7&8 Press forward on LF, recover on RF, press left on LF, recover on RF, cross LF behind RF, step right on RF, cross LF in front of RF

A2: CHASSE, ROCK, RECOVER, CHASSE, 1/8 TURN PRESS, 1/8 TURN RECOVER SWEEP

- 1&2,3,4 Step right on RF, step next to RF on LF, step right on RF, rock back on LF, recover on RF
5&6,7,8 Step left on LF, step next to LF on RF, step left on LF, 1/8 turn left press forward on RF, 1/8 turn right recover on LF sweeping RF from front to back (12.00)

A3: ROCK, RECOVER, HEEL, ROCK, RECOVER, HEEL, BEHIND, SIDE, CROSS SHUFFLE, STEP

- 1&2,3&4 Rock back on RF, recover on LF, touch R heel to right side, rock back on RF, recover on LF, touch R heel to right side
5&6&7,8 Cross RF behind LF, step left on LF, cross RF in front of LF, step left on LF, cross RF in front of LF, step left on LF

A4: SAILOR STEP ¼ TURN CROSS, BALL, CROSS, ¼ STEP, ½ PADDLE TURN, WALK X 2

- 1&2&3,4 Cross RF behind LF, ¼ turn right step slightly left on LF, (3.00) cross RF in front of LF, step slightly left on LF, cross RF in front of LF, ¼ turn left step forward on LF (12.00)
5,6,7,8 ¼ turn left on LF touching R toe side right, ¼ turn left on LF touching R toe side right, Walk forward on RF, walk forward on LF (6.00)

PART B (32 counts)

B1: MAMBO RIGHT, MAMBO LEFT, LOCK STEP X2

- 1&2 3&4 Rock RF right, recover on LF, step RF next to LF, rock LF left, recover on RF, step LF next to RF
5&6,7&8 Lock step forward R,L,R, lock step forward L,R,L

B2: ½ PUSH PADDLE TURN X2

- 1,2,3,4 1/8 turn left on LF pushing side right with RF, (10.30) 1/8 turn left on LF pushing side right with RF, (9.00) 1/8 turn left on LF pushing side right with RF, (7.30) 1/8 turn left step forward on RF (6.00)
5,6,7,8 1/8 turn right on RF pushing side left with LF, (7.30) 1/8 turn right on RF pushing side left with LF, (9.00) 1/8 turn right on RF pushing side left with LF, (10.30) 1/8 turn right step forward on LF (12.00)

CROSS, BACK, BACK, CROSS, BACK, BACK, WEAVE, CROSS SHUFFLE

- 1&2,3&4 Cross RF in front of LF, step diagonally back on LF, step diagonally back on RF, cross LF in front of RF, step diagonally back on RF, step diagonally back on LF
5&6&7&8 Cross RF in front LF, step LF side left, cross RF behind LF, step LF side left, Cross RF in front of LF, step LF side left, cross RF in front of LF

SCISSOR ¼ TURN, ½ TURN X2, STEP, WALK X3 ¼ TURN, JUMP TOGETHER

1&2,3&4	Step LF side left, step RF next to LF, $\frac{1}{4}$ turn right step forward on LF, (3.00) $\frac{1}{2}$ turn left step slightly back on RF, $\frac{1}{2}$ turn left step slightly forward on LF, step forward on RF
5,6,7,8	Walk L,R,L to make $\frac{1}{4}$ turn right, jump together bringing RF next to LF (6.00)

TAG (8 counts): The first 8 counts of A

Have fun!
