

Duele El Corazon

拍數: 48 牆數: 4 級數: Improver
編舞者: Karine Moya (FR) - April 2016
音樂: DUELE EL CORAZON - Enrique Iglesias



Intro : Start on the word «TU»

Section 1 : RIGHT MAMBO SIDE TOGETHER, LEFT MAMBO SIDE TOGETHER, SIDE TOUCH, SIDE TOUCH, CHASSE TO THE RIGHT SIDE,

1&2 Rock RF side right, recover, step RF next to LF
3&4 Rock LF side left, recover, step LF next to RF
5&6& Step RF to the right side, Touch, step LF to the left side, Touch
7&8 Step on RF to right side, step LF next to RF, step on RF to right side

Section 2 : LEFT ROCKING CHAIR, STEP FORWARD ½ TURN RIGHT, ½ TURN RIGHT STEP BACK, MAMBO CROSS BACK, MAMBO CROSS BACK

1&2& Rock LF forward Recover right foot, Rock LF Back Recover right foot
3&4 Step L forward 1/2 turn to the right , ½ turn right stepping L back
5&6 Rock RF cross back recover onto LF, step RF to the right side
7&8 Rock LF cross back recover onto RF, step LF to the left side

Section 3 : BEHIND SIDE CROSS, LEFT RUMBA BOX, RIGHT RUMBA BACK, LEFT MAMBO BACK (WITH LOOK BACK)

1&2 Cross RF behind left, step LF to left side, cross RF over left
3&4 Step LF to left side Step RF next to left Step LF forward
5&6 Step RF to right side, Step LF next to right Step RF back
7&8 Rock LF Back recover RF, step LF next to RF (watching with your head to the L)

Section 4 : RIGHT MAMBO CROSS, LEFT MAMBO CROSS PADDLE ½ TURN LEFT

1&2 Cross rock RF over LF, recover, step RF side right
3&4 Cross rock LF over RF, recover, step LF side left
5&6&7&8 Step forward 1/8 turn left on LF touching RF side right (4x to make ½ turn, take weight on last touch) (6H00)

RESTART : Wall 5 make Touch after Paddle and restart (6H00)

Section 5 : STEP LOCK STEP LOCK STEP LOCK STEP, ROCKING CHAIR, STEP TURN STEP ¼ TURN LEFT

1&2&3&4 Step L forward Lock R behind left Step L forward Lock R behind left Step L forward Lock R behind left Step L forward
5&6& Rock RF forward Recover left foot, Rock RF Back Recover left foot
7&8 Step R forward, pivot 1/4 turn left , Step R forward, (3H00)

Section 6 : STEP LOCK STEP LOCK STEP LOCK STEP, RIGHT MAMBO FORWARD RECOVER, LEFT MAMBO BACK (WITH LOOK BACK) RECOVER

1&2&3&4 Step L forward Lock R behind left Step L forward Lock R behind left Step L forward Lock R behind left Step L forward

RESTART : Wall 1 (3H00) & Wall 3 (9H00)

5&6 Rock forward on RF, recover onto LF, step RF next to LF
7&8 Rock LF Back recover onto RF, step LF next to RF (watching with your head to the L)

ENDING : Wall 7 : Begin at (9H00) make the first mambo cross back with ¼ turn right to finish in front

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