

Special Little Something

拍數: 64 牆數: 2 級數: High Improver Cha Cha
編舞者: John Sandham (ES) & Krys Myerscough (ES) - April 2016
音樂: Shangri La - LMNT



Based on our dance Shangri-La (adapted to fit the great song from LMNT)

TAG: 8 count Tag on wall 2 - followed by a Restart

Sec 1: Cross Rock Rec side 2 3 Cross rock Recover Side 2 3

1-2 Cross Rock Right over Left.. Recover weight on to left foot.
3&4 Cha Cha Right side on Right-left-Right.
567&8 repeat above 4 counts starting with left Foot.

Sec 2: Step ½ Pivot shuffle Forward Step ½ Pivot Shuffle Forward

1-2 Step Forward on Right foot. Pivot ½ turn to Left on both Feet.
3&4 Shuffle forward on Right-Left-Right.
567&8 Repeat above 4 counts Starting with Left Foot.

Sec 3: Right Side Behind ¼ RT 2 3 ¼ ½ Side Behind

1-2 Step Right to Side. Cross Left Behind Right.
3&4 Make a ¼ turn to to Right on Right-Left-Right.
5678 Step ¼ on Lt. Step a ½ on Rt. Step side on Lt. Cross Right Behind.

(This is Half of a Figure 8 turn & completes a full turn Right)

Sec 4: Turn Left-2-3 Pivot ¼ Pivot ¼ Pivot ¼

1&2 make a ¼ turn to Left on Left-Right-Left.
345678 step forward on Right.Pivot ¼ Left.. Repeat Twice More.

Tag on wall 2 facing 6 o'clock followed by a Restart from sec 1.

1-2 Cross Rock Right Foot over Left. Recover back on Left.
3-4 Rock Back on Right Foot.Recover forward on Left Foot.
5678 Repeat above 4 Counts.....Then Start over From Sec 1.

Sec 5: Cross Rock Recover cha cha cha Cross Rock Sway

1-2 Cross Rock .Right foot over .left. Recover on Left.
3&4 Cha Cha to Right Side on Right-Left-Right.
5-6 Cross Rock Left over Right Foot. Recover on Right.
7-8 Rock Left foot to side.Rock Right foot to side (sway)

Sec 6: Cross Rock Recover Sway Cross Rock Recover Side 2 3

1-2 cross rock Left foot over Rightt. recover on right.
3-4 Rock left foot to Side. Rock Right foot to the Side (Sway)
5-6 Cross rock Left foot over Right. Recover on right foot.
7&8 Cha Cha to Left Side on Left-Right-Left.

Sec 7: Rock Rec ½ turn triple ½ turn Triple Rock Rec

1-2 Rock Forward on Right Foot. Recover on Left.
3&4 Triple step ½ back on Right-Left-Right
5&6 Triple Step ½ Back on Left-Right-Left.
7-8 Rock Back on Right Foot. Recover forward on Left.

Sec 8: Shuffle Shuffle ¼ Pivot ¼ Pivot.

1&2 Shuffle Forward on Right-Left-Right.
3&4 Shuffle Forward on Left-Right-Left
5678 Step Forward on Right. Pivot $\frac{1}{4}$ Left . Twice.

Start over from sec 1.

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