

1,000 Kisses

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Christa Thomas (USA) - April 2016
音樂: 1000 X's & O's - Prince



Intro: 16 Counts

[1-8] STEP, ROCK FWD, REC, STEP LOCK BACK, HIP, DRAG, BALL CROSS □

- 1,2&3&4 R step fwd (1), L rock fwd (2), rec (&), L step back (3), R cross step over L (&), L step back (4)
5,6,7&8 Step to right on R pushing hip out (5), L step to side pushing hip while dragging R in to left (6), continue drag (7), R ball step (&), L cross over R (8)

[9-16] HEEL BOUNCE-1/2 UNWIND, COASTER STEP, BALL, TOUCH, BALL, KICK, BALL, TOUCH, BALL, TOUCH

- 1&2 Unwind right bouncing heels- 1/8 turn (1), 1/8 turn (&), ¼ turn ending with weight on R(2)
3&4 L step back (3), R step together (&), L fwd (4) (6:00)
&5&6 R ball step to L (&), L Point to left side (5), L ball step to R (&) R heel fwd (6)
&7&8 R ball step to L (&), L toe touch to R (7), L ball step to R(&), R toe touch fwd (8)

[17-24] BALL, WALK, WALK, SAMBA 1/8 TURN L, SAILOR 1/8 TURN L, SAMBA

- &1,2,3&4 R ball step to L (&), L step fwd (1), R step fwd (2), L cross over R (3), R back 1/8 turn left (&), L step side (4)
5&6 R cross behind L (5), L step fwd 1/8 turn left (&), R step fwd (6) (3:00)
7&8 L cross over R (7), R step back to right side (&), L step to left side (8)

[25-32] SAILOR STEP, PIVOT ½, TOUCH AND TOUCH, STEP, ROLL IN, OUT, HITCH

- 1&2, 3&4 R cross behind L (1), L step slightly to left side (&), R step fwd (2), L step fwd (3), pivot ½ turn right on R (&), L toe touch fwd (4), L step together with R (&) R toe touch fwd (5), R step to R side (&), Roll left knee and shoulder in to R (6), Roll left knee and shoulder out to L (7) {counts 6 and 7 should be done in one smooth motion}, L step to R while hitching R (8) (9:00)

Thank you to Lorraine Meredith for suggesting this music. We honor the memory of a true legend.