

Never Fall Apart

COPPER KNOB
STEPMATS

拍數: 32 牆數: 4 級數: Improver
編舞者: Valentine Duret (FR) - March 2016
音樂: Our Own House - MisterWives



Start : Right foot – 32 counts

Section 1 – Side Press – Cross Shuffle – Back & Heel & Touch – Walk Fd

1 - 2 Step R to R – Recover on L
&3&4 Step R next to L – Cross L over R – Step R to R – Cross L over R
5&6 Step slightly Bck on R – L Heel on L diagonal – Step L next to R – Touch R next to L
7 - 8 Walk Fd on R L

Option:

on counts 1 – 2 As you do Step R to R press Down on R foot and Recover on L
on counts 7 – 8 As you walk Fd on R – Touch L next to R – Walk Fd on L – Touch R next to L

Section 2 – Shuffle Fd - Pivot ½ Turn – Step Fd / Side Point x2

1 & 2 Step Fd on R – Step L next to R – Step Fd on R
3 - 4 Step Fd on L – Pivot ½ Turn R
5 - 6 Step Fd on L – R Toe touch to R
7 - 8 Step Fd on R – L Toe touch to L

Section 3 – Cross / Side x2 – Cross Shuffle – Step & Heel & Touch

1 - 2 on R diagonal Cross L over R – Step R to R (Body facing to L diagonal)
3 - 4 on R diagonal Cross L over R – Step R to R (body facing to L diagonal)
5 & 6 on R diagonal Cross L over R – Step R to R – Cross L over R (Body facing to L diagonal)
&7&8 Step slightly Bck on R – L Heel on L diagonal – Step L next to R – Touch R next to L (facing the wall)

Option:

on counts 1 and 3 , as you Cross over bending knees + R shoulder down
on counts 2 and 4 , as you step to side stand up + R shoulder up

Section 4 – Step Bck / Hitch x2 – Coaster Cross – Mambo Cross

1 - 2 Step Bck on R – Hitch L knee
3 - 4 Step Bck on L – Hitch R knee
5 & 6 Step Bck on R – Step L next to R – Cross R over L
7 & 8 Rock L to L – Recover on R – Cross L over R

End of dance, have fun !!!

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