The Heart Goes On

級數: Improver

編舞者: Gaye Teather (UK) - March 2016

音樂: My Heart Will Go On - Jane Gregory

Musical arrangement and production by Neil Woodward Track available from https://www.justgiving.com/myheartwillgoon2016

牆數:4

#40 count intro from first heavy beat - 33 secs. Start on vocals - Dance rotates in CW direction

Cross. Point. Cross. Side rock (x2)

拍數: 32

- 1 2 Cross step Right over Left. Point Left to Left side
- 3&4 Cross Left over Right. Rock Right to Right side. Recover onto Left
- 5 6 Cross step Right over Left. Point Left to Left side
- 7&8 Cross Left over Right. Rock Right to Right side. Recover onto Left

Note: These 8 counts travel slightly forward

Forward rock. Full turn Right (travelling backwards). Right Coaster step. Cross point/flick

- 1 2Rock forward on Right. Recover onto Left
- 3 4Half turn Right stepping forward on Right. Half turn Right stepping back on Left (Facing 12 o'clock)

(Non-turning option: Walk back Right. Left)

- Step back on Right. Step Left beside Right. Step forward on Right 5&6
- 7 8Cross Left over Right. Point Right to Right side (or flick back)
- * Tag/restart during wall 5. See note below

Diagonal shuffle Left. Hitch. Diagonal shuffle Right. Sway. Sway. Sailor step

- 1&2 Turning to face Left diagonal step forward on Right. Step Left beside Right. Step forward on Right
- & Turn to face Right diagonal hitching Left knee
- 3&4 Facing Right diagonal step forward on Left. Step Right beside Left. Step forward on Left
- 5 6Straightening up to face 12 o'clock sway Right onto Right foot. Sway Left onto Left foot
- Cross Right behind Left. Step Left to Left side. Step Right to Right side 7&8

Touch back. Half turn Left. Step. Pivot quarter turn Left. Jazz box

- 1 2Touch Left toe back. Half turn Left transferring weight onto Left
- 3 4Step forward on Right. Pivot guarter turn Left (Facing 3 o'clock)
- 5-6 Sweep Right over Left. Step back on Left
- 7 8 Step Right to Right side. Step forward on Left

Start again

*Tag/Restart at this point during wall 5, add the following 4 counts (Right jazz box) and restart from the beginning (You will be facing front)

Tag: Jazz box

Cross Right over Left. Step back on Left. Step Right to Right side. Step forward on Left 1 - 4

Ending: The dance ends on the last step of the music facing front. Take a big step forward with arms above head in a V shape for a dramatic finale!



