

Hell And High Water

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Etere Betty George (NZ) - April 2016
音樂: Hell and High Water - T. Graham Brown



Start 16 counts in on vocals

[1-8] □ Step R Fwd, Step L Fwd-Step R Tog-Step L Fwd-Recover, ½ Turn Triple Step, ¼ Pivot

1 Step R Fwd
2&3 - 4 Step L Fwd, step R together, step L Fwd, recover on R
5&6 Turn ½ left & triple step L.R.L.
7-8 Step R fwd, ¼ pivot left [3.00]

[9-16] □ Cross, Side Chasse, Rock Back-Recover ¼ Pivot-Cross-Side

1 Cross R over L
2&3 Step L to side, step R beside L, step L to side,
4-5 Rock back on R, recover on L
6&7 - 8 Step R fwd, ¼ pivot left, cross R over L, step L to side □ [12.00]

[17-24] □ Cross-Recover, ½ Turn Triple Step, Step Fwd, Kick Ball Change-Rock Fwd

1-2 Cross R over L, recover on L
3&4 Turn ½ right & triple step R.L.R.
5 Step L fwd
6&7 - 8 Kick R fwd, step on ball of R, step L fwd, Rock fwd on R □ [6.00]

[25-32] □ Recover- ½ Turn, ¾ Turn, Rock Fwd-Recover, Coaster Step

1-2 Recover on L, turn ½ right & step R fwd
3-4 Turn ½ right & step L back, turn ¼ right & step R to right side

[Easy Option – 1-2, 3-4 : Recover on L, turn ¼ right & step R to side, cross L over R, step R to side]

5-6 Rock fwd on L, recover on R
7&8 Step L back, step R next to L, step L fwd [9.00]

Tag: At the end of Wall 3 – [you'll be facing 3.00] - add the following 8 counts

Side, Cross & Cross, Side [x2]

1-2&3-4 Step R to side, cross L over R, step R to side, cross L over R, step R to side
5-6&7-8 Step L to side, cross R over L, step L to side, cross R over L, step L to side

Ending: At end of Wall 8 – dance counts 1-6 - then do a slow ½ pivot left to face the front – step R to side, drag L to R.

Contact: eteresnr@gmail.com