

Head In A Spin

拍數: 48 牆數: 2 級數: Low Intermediate
編舞者: David Sinfield (UK) - April 2016
音樂: Feels Like I'm In Love (PWL Remix Edit) - Kelly Marie



Dance starts on the word 'my'.....

S1: TOUCH FORWARD, SIDE, BEHIND SIDE CROSS, SIDE ROCK, BEHIND SIDE CROSS

1-2 Touch right forward, touch right side
3&4 Cross right behind, step left side, cross right over
5-6 Rock left side, recover to right
7&8 Cross left behind, step right side, cross left over

S2: SIDE, TOGETHER, CHASSE RIGHT, STEP PIVOT, SHUFFLE ½ TURN

1-2 Step right side, step left together
3&4 Chassé side right-left-right
5-6 Step left forward, turn ½ right (weight to right)
7&8 Shuffle a ½ turn right stepping left-right-left

S3: BEHIND, SIDE, CROSS SHUFFLE, SIDE ROCK, STEP, CLAP HANDS TWICE

1-2 Cross right behind, step left side
3&4 Crossing chassé right-left-right
5-6 Rock left side, recover to right
7&8 Step left forward, clap twice

S4: KICK BALL STEP, HEEL BOUNCES WITH ¼ TURN RIGHT X TWICE

1&2 Kick right forward, step on the ball of right, step left forward
3&4 Bounce on heels 3 times making a ¼ turn right
5-8 Repeat 1-4

S5: BACK ROCK, RIGHT SHUFFLE, ROCK FORWARD, SAILOR SHUFFLE ¼ TURN LEFT

1-2 Rock right back, recover to left
3&4 Chassé forward right-left-right
5-6 Rock left forward, recover to right
7&8 Cross left behind, step right into a ¼ turn left, step left side

S6: SIDE ROCK, CROSS SHUFFLE, ROCK ¼ TURN, LEFT SHUFFLE

1-2 Rock right side, recover to left
3&4 Crossing chassé right-left-right
5-6 Rock left side, step right into a ¼ turn right
7&8 Chassé forward left-right-left

REPEAT