

Shake Them Bones

拍數: 32 牆數: 2 級數: Beginner
編舞者: Adrian Helliker (FR) - April 2016
音樂: Shake Them Bones - Pete Rivers



Intro: 32 Counts in track Approx 15 seconds into track

[1-8] GRAPEVINE RIGHT, SCUFF, GRAPEVINE LEFT WITH ¼ TURN LEFT, SCUFF

- 1-2 Step right to right, cross left behind right
- 3-4 Step right to right, scuff left forward
- 5-6 Step left to left side, cross right behind left,
- 7-8 ¼ turn left stepping forward on left, scuff right forward

[9-16] STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF

- 1-2 Step right forward, left lock behind right
- 3-4 Step right forward, scuff left forward
- 5-6 Step left forward, right lock behind left
- 7-8 Step left forward, scuff right forward

[17-24] JAZZ BOX WITH ¼ TURN RIGHT TWICE

- 1-2 Cross right over left, step left back
- 3-4 Make ¼ turn right stepping forward on right, step left next to right (3:00)
- 5-6 Cross right over left, step left back
- 7-8 Make ¼ turn right stepping forward on right, step left next to right (6:00)

[25-32] ROCKING CHAIR RIGHT X2

- 1-2 Rock forward on right, recover onto left
 - 3-4 Rock back on right, recover onto left
 - 5-6 Rock forward on right, recover onto left
 - 7-8 Rock back on right, recover onto left
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