

# Part Of The List

拍數: 32      牆數: 2      級數: Advanced - Rolling 8 style  
編舞者: Malene Jakobsen (DK) & Rachael McEnaney (USA) - March 2016  
音樂: Part of the List - Ne-Yo : (Album: Year Of The Gentleman - iTunes and all major mp3 websites, approx 4.09mins)



Notes: This dance has been choreographed as a rolling 8, though it could have been done as a Viennese waltz making it a 96 count dance, we chose to count in 8's making it 32.

Count In: 4 counts from start of track, dance begins on vocals Approx 115 bpm

**[1 – 8] Full spiral turn R, R fwd sweeping L, L cross sweeping R, R cross, ¼ R back L hitching R, ¼ R side, L side, R fwd on diagonal, L back, ½ R, L fwd.**

- 1 2            Step forward L making a full spiral turn to right (1), step forward R sweeping L (2) 12.00
- 3 4 a        Cross L over R sweeping R (3), cross R over L (4), make ¼ turn right stepping back L as you hitch R knee (a) 3.00
- 5 6            Make ¼ turn right stepping R to right side (slide L towards R) (5), step L to left side (slide R towards L) (6) 6.00
- 7            Step forward R towards left diagonal (4.30) (slide L towards R) (7) 4.30
- 8 & a        Step back L (8), make ½ turn right stepping forward R (&), step forward L (a) 10.30

**[9 – 16] R fwd, 1/8 turn R side L, 1/8 turn R back R, L back, 1/8 turn R side R, L cross, R side sway, 1 ¼ turn L, R cross, L side rock, L cross, ¼ L back R, L back, R back, ½ L fwd L, R fwd**

- 1 & a        Step forward R (1), make 1/8 turn right stepping L to left side (&), make 1/8 turn right stepping back R (a) 1.30
- 2 & a        Step back L (2), make 1/8 turn right stepping R to right side (&), cross L over R (a) 3.00
- 3            Take big step R to right side as you sway upper body to right (styling: swing R hand across face/upper body as if telling someone to 'smile') (3) 3.00
- 4 a        Make ¼ turn left stepping forward L (4), make ½ turn left stepping back R (a), 6.00
- 5 6 & a     Make ½ turn left stepping forward L as you sweep R (5), cross R over L (6), rock L to left side (&), recover weight R (a) 12.00
- 7 & a        Cross L over R (7), make ¼ turn left stepping back R (&), step back L (a), 9.00
- 8 & a        Step back R (8), make ½ turn left stepping forward L (&), step forward R (a) 3.00

**[17 – 24] Walk L-R (with optional arms), L fwd, ½ chase turn R, ½ L back R, ¼ L with sway, 1/8 turn R into ½ turn R with L hitch, L back, R back, 1/8 turn L side**

- 1 2            Step forward L (styling: swing L arm forward to left diagonal 45 degrees) (1), step forward R (styling: swing r arm forward to right diagonal 45 degrees) (2) 3.00
- 3 a 4        Step forward L (3), pivot ½ turn right taking weight R (a), step forward L (4) 9.00
- a 5        Make ½ turn left stepping back R (a), make ¼ turn left stepping L to left side (styling: sway upper body left swinging R arm down and up across body) (5) 12.00
- 6            Make 1/8 turn right stepping forward R and continue making another ½ turn right hitching L knee (6) 7.30
- 7 8 a        Step back L (7), step back R (8), make 1/8 turn left stepping L to left side (a) 6.00

**[25 – 32] R cross rock, ¼ R, rock L fwd rising up on balls of feet, L back, ½ R sweeping L, L cross rock, L side, R cross rock, R side, L cross, R side, L behind, ¼ R**

- 1 & a        Cross rock R over L (1), recover weight L (&), make ¼ turn right stepping forward R (a) 9.00
- 2            Rock forward L rising up onto balls of both feet (2) 9.00
- 3 a 4        Recover weight to R (3), step back L (a), make ½ turn right stepping forward R sweeping L (4) 3.00
- 5 & a        Cross rock L over R (5), recover weight R (&), step L to left side (a), 3.00
- 6 & a        Cross rock R over L (6), recover weight L (&), step R to right side (a) 3.00

7 a 8 a            Cross L over R (7), step R to right side (a), cross L behind R (8), make  $\frac{1}{4}$  turn right stepping forward R (a) 6.00

**TAG: Do the following Tag at the end of the 1st wall and 3rd wall. You will be facing the back to begin the Tag.**

1234&a            Step forward L (1), step forward R (2), step forward L (3), Rock forward R (4), recover L (&), make  $\frac{1}{2}$  turn right stepping forward R (a) 12.00

5678&a            REPEAT counts 1 – 4. 6.00

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