

I Got To Be Me

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Shelly Zimmerman (USA) - April 2016
音樂: I Got To Be Me - Jordan Smith



#4 Count Intro - Start on Vocals

(1-8) Right & Left NC2, Side, Behind-Side-Cross Hitching 3/8 Left Turn to Left Diagonal (7:30), Right Step Forward, Left Together

- 1,2& - Step R to Right Side, Rock L Behind R, Recover on R
- 3,4& - Step L to Left Side, Rock R Behind L, Recover on L
- 5 - Step R to Right Side
- 6& - Step L Behind Right (6), Step R to Right Side (&), (12:00)
- 7 - Step L across R while Hitching R and turning 3/8 Left (7:30)
- 8& - Step R Forward, Step L Beside R

(9-16) Right Cross Rock Side, Left Cross Rock Side, Right Back Diagonal Shuffle, Back Sweeps Left, Right, Left, (Square Up to 9:00) Behind, Side

- 1,2 & - Cross Rock R over L, Recover onto L, Step R to Right Side
- 3,4 & - Cross L over R, Recover onto R, Step L Back (10:30)
- 5, 6, 7 - Step Back on R while Sweeping L Back (squaring up to 9:00), Step Back on L while Sweeping R Back, Step Back on R while Sweeping L Back
- 8& - Step L Behind Right, Step R to Right Side (9:00)

(17-24) Left 1/2 Hinge Turn, Right 3/4 Hinge Turn, Slow Right Chase Turn, Left Full Turn

- 1,2 & 3 - Cross L over R, Turn 1/4 Left Stepping Back on R, Turn 1/4 Left Stepping R to Right Side, Cross R over L (3:00)
- 4& - Turn 1/4 Right Stepping Back on L, Turn 1/2 Right Stepping Forward on R
- 5,6,7 - Step Forward on L, Turn 1/2 Right, Step Forward on L (Chase Turn) (Prep for Left Turn)
- 8& - Turn 1/2 Left Stepping Back on R, Turn 1/2 Left Stepping Forward on L (6:00)

(25-32) Forward Right, Left Side Rock Cross (Travel Forward), Right Side Rock, Jazz Box

- 1 - Step Forward on Right,
- 2&3 - Step L to Left Side, Recover onto R, Cross L over R
- 4& - Step R to Right Side, Recover onto L
- 5,6,7,8 - Cross R over L, Step Back on L, Step R to Right Side, Step Left Across R

(33-40) Right Side Rock Recover, Behind Side Cross, Left Side Rock Recover, Sailor 1/4 Left

- 1,2 - Step R to Right Side, Recover L
- 3&4 - Step R Behind L, Step L to Left Side, Cross R over L
- 5,6 - Step L to Left Side, Recover R
- 7&8 - Sweep L Back While Turning a 1/4 Left, Step L Back, Step R Together, Step L Forward (3:00)

(41-48) Right Mambo Forward, Left Mambo Back, Skate Right, Skate 1/4 Turn Left, Skate Right, Skate 1/4 Turn Left

- 1&2 - Rock R Forward, Recover L, Step R Back
- 3&4 - Rock L Back, Recover R, Step L Forward
- 5,6 - Slide R Forward at Right Angle, Slide L to Left Turning 1/4 Left (12:00)
- 7,8 - Slide R Forward at Right Angle, Slide L to Left Turning 1/4 Left (9:00)

(49-56) Right Cross Side, Sailor, Left Cross Side, Sailor 1/4 Left

- 1,2 - Cross R over L, Step L to Left Side

3&4 - Step R Behind L, Step L to Left Side, Step R to Right Side
5,6 - Cross L over R, Step R to Right Side
7&8 - Sweep L Back While Turning a 1/4 Left, Step L Back, Step R Together, Step L Forward (6:00)

(57-64) 2 Count Weave, Lock Knee Pop, Step 1/4 Left, Left 1/2 Pivot, Left 1/2 Pivot, Left 3/4 Pivot, Tap Right Foot Twice

1,2 - Cross R over L, Step L to Left Side
3,4 - Lock R Behind L while Popping L Knee Forward, Step L 1/4 Turn Left (3:00)
5&6&7& - Step Forward on R, Pivot 1/2 Turn L, Step Forward on R, Pivot 1/2 Turn Left, Step Forward on R, Pivot 3/4 Turn Left (6:00)
8& - Tap R Next to L Twice (6:00)

(Option to Paddle Turn 5&6&7& - Left 1/4 Pivot, Left 1/4 Pivot, Left 1/4 Pivot,)

RESTARTS: Wall 2 - Complete 32 Counts and Restart

Wall 5 - Complete 12 Counts and Restart

Wall 6 - Complete 32 Counts and Restart

ENDING: Begin to slow down the dance on the last 12 Counts, Turning Skates to the front wall (12:00) and walk forward twice

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Last Update - 13th Jan 2017
