

Pengalaman Pertama (A. Rafiq)

COPPER KNOB
BY STEPHEN

拍數: 24 牆數: 4 級數: Improver
編舞者: Maya Sofia (INA) - April 2016
音樂: Pengalaman Pertama - A. Rafiq



Dance Sequence: 24-24-14-24-20-24-24-14-24-20-24-24-8

Start on Vocal

S1: (CROSS SHUFFLE) X2, PRISSY WALK, FORWARD ROCK, RECOVER, STEP BACK

1&2 Step R across L, Step L behind R, Step R across L
3&4 ¼ turn to R step L across R, Step R behind L, Step L across R
5-6 Prissy Walk on R, L
7&8 Step R forward, Recover on L, Step R backward

S2: TRAVELLING VOLTA, (1/4 TURN R SIDE MAMBO) X2

1&2& Step L across R, Step R to side, Step L across R, Step R to side
3&4 Repeat 1&2
5&6 ¼ Turn to R rock R to side, Recover on L, Step R next to L
7&8 ¼ Turn to R rock L to side, Recover on R, Step L next to R (06.00)

S3: FORWARD SAMBA, BACKWARD SAMBA, ¾ TURN TO RIGHT (STEP IN PLACE WITH SHIMMY SHOULDER) X4

1&2 Step R forward, Step L next to R, Step R in place
3&4 Step L backward, Step R next to L, Step L in place
5-8 (Step in place with shimmy shoulder) x4 (09.00)

Contact : gieprod@yahoo.com
