

Sex On A Beach (P)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Partner
編舞者: Harry P. Towle III - April 2016
音樂: Somewhere on a Beach - Dierks Bentley



Position: Sweethearts position facing LOD
Start dancing on lyrics

Male

M1: WALK, WALK, FORWARD, FORWARD, BACK, WALK, WALK, COASTER STEP

1, 2 Walk right, left
3&4 Step forward right, left together, right back
(Male turns female clockwise, right hand passes over her head)
5&6 Step back left, right
7&8 Left coaster step
(Turn lady counterclockwise bringing your left hand over her head)

M2: SHUFFLE, ½ TURN SHUFFLE, SHUFFLE BACK, ¼ TURN SHUFFLE

1&2 Shuffle forward right, left, right
3&4 Shuffle forward LOD left, right, left while turning to the right
(Release female's right hand, slowly turning her clockwise, passing your left hand over her head)
5&6 Shuffle back right, left, right LOD
(Continue turning the lady clockwise until she is facing LOD)
7&8 Turn ¼ to the left shuffling LOD left, right, left

M3: SWAY, SWAY, SHUFFLE, SWAY, SWAY, SHUFFLE

1, 2 Sway weight onto right, sway weight onto left
3&4 Shuffle to right; right, left, right
5, 6 Sway weight to left, sway weight onto right
7&8 Shuffle to left (LOD); left, right, quarter turn left

M4: 1/2 TURN SHUFFLE, ½ TURN SHUFFLE, FORWARD FORWARD, BACK, COASTER STEP □

1&2 Shuffle LOD; right, left, right while making ½ turn to left
(Release lady's left hand, windmill right hand over her head)
3&4 Shuffle LOD; left, right, left continuing with another ½ turn to the left
(Pick up lady's left hand while releasing her right hand. Windmill your left hand over her head)
At this point, you are both facing LOD in sweetheart's position
5&6 Step forward right, left together, step right back
7&8 Left coaster step

Female

F1: WALK, WALK, ½ TURN COASTER STEP, WALK, WALK, ½ TURN COASTER STEP

1, 2 Walk right, left
3&4 Step forward on right, turning to the left stepping back on left, step right together
(Allow man to lead your left arm overhead to make turn to right)
5, 6 Walk forward left, right
7&8 Step forward on left, turning ½ turn right stepping back on right. Step left next to right
(Allow man to lead your left arm overhead to make turn to left)

F2: SHUFFLE, ½ TURN SHUFFLE, ½ TURN SHUFFLE, ¼ TURN SHUFFLE

1&2 Shuffle forward right, left, right
3&4 Shuffle LOD; left, right, left while making ½ turn to right
(Drop man's right hand, allow him to lead your left arm overhead to make turn)

5&6 Continuing to turn right, shuffle right, left, right for ½ turn

(Allow man to continue leading with left arm until facing LOD)

7&8 Turn ¼ to right, shuffling LOD left, right, left

(Allow man to pick up right hand)

F3: SWAY, SWAY, SHUFFLE, SWAY, SWAY, SHUFFLE

1, 2 Sway weight onto right, sway weight onto left

3&4 Shuffle to right; right, left, right

5, 6 Sway weight to left, sway weight onto right

7&8 Shuffle to left (LOD); left, right, quarter turn left

F4: 1/2 TURN SHUFFLE, ½ TURN SHUFFLE, FORWARD FORWARD, BACK, COASTER STEP

1&2 Shuffle LOD; right, left, right while making ½ turn to left

(Allow male to release left hand and lead your right hand overhead)

3&4 Shuffle LOD; left, right, left continuing with another ½ turn to the left

(Allow male to pick up left hand while releasing right hand. He will windmill your left hand overhead.)

At this point, you are both facing LOD in sweetheart's position

5&6 Step forward right, left together, step right back

7&8 Left coaster step

REPEAT

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