About Dixie

拍數: 64

級數: Intermediate

編舞者: Lynda Summers (CAN) - March 2016

音樂: Is It True What They Say About Dixie - Max Bygraves

INTRODUCTION

The instrumental introduction has 64 counts. After the first 16 counts, add :

- 1-4 Make 2 CW circles with right hand (like washing a window).
- 5-8 Make 2 CCW circles with left hand.
- 9-12 Twist right (heels, toes, heels), hold.
- 13-16 Twist left (heels, toes, heels), hold.

MAIN DANCE

Sec 1: [1-8] SLOW CHARLESTON

- 1,2 Touch R toe forward, hold
- 3,4 Step R back, hold.
- 5,6 Touch L toe back, hold.
- 7,8 Step L forward, hold.

Sec 2: [9-16] SLOW CHARLESTON

1-8 Repeat above Sec 1 (1-8).

Sec 3: [17-24] TOUCH, FLICK, TOUCH, FLICK

- 1,2 Touch ball of R beside L, flick R back.
- 3,4 Repeat above counts 1,2.

(elbows up, right fingers over left, look right)

COASTER STEP, HOLD

- 5,6 Step R back, step L beside R.
- 7,8 Step R forward, hold.
- Sec 4: [25-32] TOUCH, FLICK, TOUCH, FLICK
- 1,2 Touch ball of L beside R, flick L back.
- 3,4 Repeat above counts 1,2.
- (elbows up, left fingers over right, look left)

COASTER STEP, HOLD

- 5,6 Step L back, step R beside L.
- 7,8 Step L forward, hold.

Sec 5: [33-40] SKATE, HOLD, SKATE, HOLD

- 1,2 Skate R diagonally right forward, hold.
- (right palm turns out at hip)
- 3,4 Skate L diagonally left forward, hold
- (left palm turns out at hip)
- FWD, RECOVER, SIDE (1/4 right), HOLD
- 5,6 Step R forward, recover back onto L.
- 7,8 Turn 1/4 right (R to side). hold. (3:00)

Sec 6: [41-48] TWO FOOT CIRCLES (ccw)

- 1,2 Move L in a ccw circle in 2 counts.
- 3,4 Repeat above counts 1-2.

(left hand moves in 2 ccw circles, right hand moves in 2 cw circles)

- COASTER STEP, HOLD
- 5,6 Step L back, step R beside L.
- 7,8 Step L forward.





牆數:4

Sec 7: [49-56] WALK (full right turn)

- 1,2 Step R forward turning 1/4 right, hold.
- 3,4 Step L forward turning 1/4 right, hold.
- 5-8 Take 4 quick steps (R,L,R,L) turning 1/2 right.

(on count 8, bend slightly and place hands on knees)

Sec 8: [57-64] FOUR of BEES KNEES

- 1,2 With knees bent (hands just above knees), bring knees together and have hands switch knees. Move knees apart (arms are crossed).
- 3,4 Bring knees together, switching hands, and move Knees apart (arms now not crossed).
- 5-8 Repeat counts 1-4.

START DANCE AGAIN

ENDING

The last wall is wall 8 (9:00).

At the end of the last verse, the singer will sing:" If it's true, that's where I belong."

On the last wall, dance the entire dance, but leave out the last count where on the word " true", you add these two Jazz boxes:

- 1,2 Cross step L over R, step R back.
- 3,4 Step L to left side, step R beside L.
- 5-7 Repeat above counts 1-3.
- 8 Point R toe forward & stretch right hand forward with left hand on left hip.

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