

The Way I Am

COPPERKNOB
STEPPERS

拍數: 64 牆數: 4 級數: Improver Rumba
編舞者: Jackie Tally (USA) - January 2016
音樂: The Way I Am - Ingrid Michaelson



Begin dance after 32 counts

[1-8] SIDE TOGETHER FORWARD HOLD, SWAY, SWAY (12:00)

- 1-4 Step R to R, close L to R, step R forward, hold
5-8 Step L to L, swaying hips L, step R to R swaying hips R (each hip sway takes □□2 counts)

[9-16] SIDE TOGETHER BACK HOLD, BACK SIDE CROSS HOLD

- 1-4 Step L to L side, close R to L, step back L, hold
5-8 Step R back, turn ¼ L (9:00) stepping L to side, cross R over L, hold

[17-24] SIDE TOGETHER SIDE HOLD, ROCK BACK RECOVER SIDE, HOLD

- 1-4 Step L to L side, close R to L, step L to L side, hold
5-8 Rock back on R, recover to L, step R to R side, hold

[25-32] ROCK BACK RECOVER, TURN ¼ L STEPPING FORWARD, HOLD, WALK RLR HOLD

- 1-4 Rock back L, recover to R, turn ¼ left and stepping L forward (6:00) hold
5-8 Walk RLR forward, hold

[33-40] SWEEP FRONT SIDE BACK SWEEP, BEHIND SIDE CROSS SWEEP

- 1-3 Sweep L from back to front crossing L over R, step R side, step L behind R
4 Sweep R from front to back
5-7 Step R behind L, step L to L side, cross R over L
8 Sweep L from back to front

[41-48] JAZZ BOX ¼ L AND CROSS, SWAY LR

- 1-4 Cross L over R, step R back, turn ¼ left stepping L to side, cross R over L (3:00)
5-6 Step L swaying hips L
7-8 Step R swaying hips R

[49-56] STEP LOCK STEP BRUSH, CHASE TURN HOLD

- 1-4 Step L forward, lock R behind L, step L forward, brush R forward
5-8 Step R forward, turn ½ shifting weight L, step R forward, hold (9:00)

[57-64] ROCK RECOVER L and R WITH POINT TO ANKLE

- 1-4 Rock L side, recover to R, step L together, hold
5-8 Rock R side, recover to L, hitch right toe to ankle, hold

BEGIN AGAIN

Tag: After wall 2 facing original 6:00 do 4 sways RLRL. Each sway takes 2 counts.

Ending: Do 32 counts of wall 4 (3:00) and walk to front on last 4 counts

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