

Ex's and Oh's

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Jon Levant (USA) & Gail Levant (USA) - March 2016
音樂: Ex's & Oh's - Elle King : (Live at Beale Street Music Festival, 2015)



Start after 8 counts.

Section 1: □ Step Lock Step Brush X2, Cross Side Sailor ¼ Turn Step Together

1&2& Step R foot diag. FWD R-Lock L foot behind R foot-Step R foot diag. FWD R-Brush L foot diag. FWD L
3&4& Step L foot diag. FWD L-Lock R foot behind L foot-Step L foot diag. FWD L-Brush R foot diag. FWD L
5-6 Cross R foot over L foot, Step L foot to L
7&8& Sweep R foot behind L foot-Step L foot ¼ turn R-Step R foot to R- Step L foot next to R foot (3:00)

Section 2: □ Side-Tog.-Side-Tog.-Scissor Step, Side-Tog.-Side-Tog.-Chase Turn ½ R

1&2& Step R foot to R-Step L foot next to R foot-Step R foot to R-Step L foot next to R foot (Use hips on these)
3&4 Step R foot to R-Step L foot next to R foot-Cross R foot over L foot
5&6& Step L foot to L-Step R foot next to L foot-Step L foot to L-Step R foot next to L foot
7&8 Step L foot FWD-Pivot ½ turn R (weight on R)-Step L foot FWD (9:00)

Section 3: □ FWD Rock-Side Rock-Behind-Side-Cross, Side-Rock-Cross, Chasse R

1&2& Rock FWD on R foot-Recover on L foot-Rock R foot to R-Recover on L foot
3&4 Cross R foot behind L foot-Step L foot to L-Cross R foot over L foot
5&6 Rock L foot to L-recover on R foot-Cross L foot over R foot
7&8 Step R foot to R-Step L foot next to R foot-Step R foot to R

Section 4: □ Coaster Cross ¼ L-Side-Cross-Side-Cross, Side-Rock-Cross, Side-Tog.-FWD

1&2 Step L foot back-Step R foot next to L foot-Cross L foot over R foot while turning ¼ L (6:00)
&3&4 Step R foot to R-Cross L foot over R foot-Step R foot to R-Cross L foot over R foot
5&6 Rock R foot to R-Recover on L foot-Cross R foot over L foot
7&8 Step L foot to L-Step R foot next to L foot-Step L foot FWD

Tag: □ After wall 2 you will be facing 12:00. Dance the following 8 count tag and restart the dance

1&2& Rock R foot FWD-Recover on L foot-Rock back on R foot-Recover on L foot
3&4 Step R foot FWD-Pivot ½ turn left onto L foot-Step R foot FWD (6:00)
5&6& Rock L foot FWD-Recover on R foot-Rock L foot back-Recover on R foot
7&8 Step L foot FWD-Pivot ½ turn right onto R foot-Step L foot FWD (12:00)

Optional ending:-

The music will end as you are doing steps 7&8 of Section 3 (Chasse Right) on the 9:00 wall.
Modify count 8 to turn ¼ R to 12:00, spread arms out to sides and smile.

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