

My Wildest Dreams

COPPERKNOB
STEP SHEETS

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Lisa McCammon (USA) - April 2016
音樂: Wildest Dreams - Madilyn Bailey : (CD: The Cover Games)



#8 count intro - Start weight on L

BACK R, L, TURN ½ RIGHT, CROSS-SIDE-BEHIND, BEHIND-SIDE-CROSS, L SCISSORS

1-2 Step back R, L
3 Turn right ½ [6] stepping fwd R whilst sweeping L
4&5 Cross step L over R, step R to side, step L behind R whilst sweeping R
6&7 Step R behind L, step L to side, cross step R over L
8&1 Step L to side, close R, cross step L over R

SWAY R, L, RUMBA BOX, SIDE ROCK-RECOVER

2-3 Step to R swaying R, sway L (momentum will go right again with next step)
4&5 Step R to side, close L, step back R
6&7 Step L to side, close R, step fwd L
8& Rock R to side, rec L

TOUCH, HITCH, NIGHTCLUB BASIC R, SIDE, SAILOR ½ RIGHT, TRIPLE 360 LEFT

1 Touch R home (optional styling, bend knees; keep wt L)
2 Straighten L knee (option: rise onto L toes) whilst hitching R into low figure 4 position **TART
3-4& Step right to side, rock back L, cross step R slightly over L
5 Step L to side
6&7 Sweep R into sailor turning right ½ [12] stepping RLR and ending R crossed over L
(Styling: bend knees slightly and torque shoulders right; think wind-up before the unwind)
8&1 Step LRL in place turning left 360, ending at [12] sweeping R

R SAMBA, L SAMBA, STEP-TURN ½-RUN-RUN-ROCK-RECOVER

2&3 Cross step R, rock L to side, rec R stepping slightly fwd
4&5 Cross step L, rock R to side, rec L stepping slightly fwd
6& Step fwd R, turn left ½ [6]
7& Small step fwd R, small step fwd L (little runs)
8& Rock fwd R, rec L

****TART (Tag + Restart) during 6th repetition, starting at [6]. Dance through the end of the second set, add this tag, then restart facing [12].**

1-2 Touch R home, hitch R (you would have done this anyway; only the next counts are added)
3& Rock R to side, rec L
4& Rock R fwd, rec L

Alternate tracks: Demons by Imagine Dragons; Break On Me by Keith Urban or Mixed Drinks About Feelings by Eric Church (for these two songs, either Restart after 16& during 3rd repetition or dance through).

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