

Love Yourself - EZ

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4
編舞者: Jenny Memmel (DE) - April 2016
音樂: Love Yourself - Justin Bieber



No Tags No Restarts

2 Walks bw., Anchor Step, 2 Toe Struts fw. (R+L)

1,2 step LF backward, step RF backward
3&4 make a small triple Step in place - 3rd Position (L,R,L)
5,6,7,8 step right Toe forward, drop right Heel and shift weight on RF, step left Toe forward, drop left Heel and shift weight on LF

Sync. weave, 1/8 Turn with 2 Press-Slide(L+R)

1,2 cross RF over LF, step LF to side
3&4 step RF behind LF, step LF to side cross RF over LF
5,6 1/8 Turn left and press ball of LF slightly forward as you start to slide LF backward, lower right heel as you continue to slide RF backward (10:30)
7,8 press ball of RF slightly forward as you start to slide LF backward, lower left heel as you continue to slide LF backward

1/8 L + 1/2 Step Turn R, Cross out out, V-Step fw.

1,2 1/8 turn left, step LF forward (9:00), 1/2 turn right shift weight on RF (3:00)
3&4 cross LF over RF, step RF to right side, shift weight on LF
5,6,7,8 step RF diagonal forward, step LF to side, step RF backward to centre, closed LF next RF

1/2 Triple Turn, Closed Step, Lock Step left fw., Mambo fw, Step bw.

1&2 1/8 turn right cross RF over LF, 1/8 turn right step LF a small step to side, 1/4 turn right, cross RF over LF (9:00)
3,4 step LF backward, closed RF next LF
5&6 step LF forward, cross RF behind LF, step LF forward
7&8 step RF forward, recover on LF, step RF backward

Have Fun! ;-)

Contact: Jenny.Memmel@arcor.de