

Celebration

拍數: 32 牆數: 4 級數: Beginner
編舞者: Nelson Wong (CAN) - April 2016
音樂: Celebration - Kool & The Gang



Start 32 Counts

WALK FORWARD & HITCH, WALK BACK AND TOE POINT OUT

- 1-4 Walk forward - left-right-left, hitch up right leg
(Pose for count 4: right arm up, lift head up, and left hand on left hip)
5-8 Walk backward – right-left-right, point left toe to left side
(Pose for count 8: slightly bend right leg, stretch left arm straight in front, right arm to right side)

LEFT ROLLING VINE, RIGHT ROLLING VINE

- 1 Step left ¼ turn left
2 On ball of left pivot ½ turn left stepping right foot back
3 On ball of right pivot ¼ turn left stepping left to left side
4 Touch right beside left with clap (near left shoulder)
5 Step right ¼ turn right
6 On ball of right pivot ½ turn right stepping left foot back
7 On ball of left pivot ¼ turn right stepping right to right side
8 Touch left beside right with clap (near right shoulder)

FORWARD AND BACK DISCO, SIDE (LEFT AND RIGHT DISCO)

- 1-2 Step left foot forward, touch right toe behind left heel
3-4 Step right foot back, touch left toe in front of right foot
5-6 Step left foot to left side, touch right toe beside left foot
7-8 Step right foot to right side, touch left toe beside right foot

STEP FORWARD ¼ LEFT, POINT TOE TO SIDE, FORWARD, POINT TOE TO SIDE, JAZZ BOX

- 1-2 Step forward left foot while making ¼ turn left, point right toe to right side
3-4 Step forward right foot, point left toe to left side
5 Cross left foot in front of right foot
6 Step right foot back
7 Step left foot to left side
8 Step right foot next to left foot

REPEAT

This dance was choreographed to celebrate Hong Kong Munsang College's 90th Anniversary.
The performance of this dance was delivered in Toronto at the Alumni Association annual party.

Contact: nwong0566@rogers.com