

Steam Train

拍數: 32 牆數: 4 級數: Beginner
編舞者: Harry Schalk (AUT) - April 2016
音樂: Wreck of the Old '97 - Johnny Cash



Also: Boogie Woogie Choo Choo Train by The Tractors

Shuffle R, ½ Turn L, Scuff, Cross Shuffle L, Side Rock L

1& 2 RF Step right ., LF next to RF , RF Step right.
3, 4 LF ½ Turn left ., RF sweep fwd.
5& 6 RF cross over LF, LF lock in behind RF , RF cross over LF
7, 8 LF Step left ., Weight back on RF

Sailor Step L., Sailor Step R, Rock Fwd L, Shuffle ½ Turn L.

1& 2 LF cross behind RF, RF Step right ., LF Step left
3& 4 RF cross behind LF, LF Step left ., RF Step right
5, 6 LF Step fwd, weight back on RF
7& 8 LF with ¼ Turn left, RF Recover, LF with t ¼ Turn left

Stomp R., Kick Fwd., Step Lock Step Back, Coaster Step, Full Turn L

1, 2 RF Stomp, RF kick fwd.
3& 4 RF Step back , LF lock in RF, LF Step back
5& 6 LF Step back, RF close to LF, LF Step fwd.
7, 8 RF Step with t ½ Twist. left, LF Step with t ½ Turn left (7-8 Full Turn)

Step R, Toe Touch L, Step Back, Step R, Shuffle Fwd, Rock Fwd, ¼ Turn L , Hook

1, 2 RF Step fwd. , LF Toe touch behind RF
3, 4 LF Step back , RF next to LF
5& 6 LF Step fwd. , RF next to LF , LF Step fwd.
& 7 RF next to LF , LF Step fwd.
& 8 Weight back on RF , LF with ¼ Twist. Turn left

(Option- Count 5 – 7& Move your arms like a Steam Train)

Dance start again ...

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