

# Lonely Tonight

COPPER KNOB  
BY SHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Heather Barton (SCO) - April 2016  
音樂: Lonely Tonight (feat. Ashley Monroe) - Blake Shelton



Music available from iTunes & Amazon  
#8 count intro - 2 Restarts

## [1-8] □ Step Fwd R, Left Side Rock & Cross, ½ Turn Step Side, Cross Rock Step Side, Rock Back, Side Together

1,2&      Step forward Right, rock Left to left side, recover Right  
3&4      Cross Left over Right, ¼ turn Left, ¼ turn left step Left to left side  
5&6      Cross rock Right over Left, recover Left, take long step to Right side drag Left  
7&8&      Rock back Left, recover Right, step Left to left side, place Right beside Left (weight on Right)

## [9-16] □ Prissy Walks L & R, Step L ¼ Right Cross, Full Turn Step Side, Rock Back Rec & Point

1,2      Cross walk Left slightly over Right, cross walk Right slightly over Left  
3&4      Step forward Left, ¼ turn right, cross Left over Right  
5&6      ¼ turn left step back Right, ½ turn left step forward Left, ¼ turn left step Right to side  
**Alternative step ... Step Right to right side, place Left beside right, step Right to right side**  
7&8      Rock back Left, recover Right, point Left to left side \*\*\*\*\* restart wall 2

## [17-24] □ Sailor ¼ L, Shuffle Forward Right, Syncopated Rocks Forward R & L

1&2      Step Left behind Right, ¼ turn left step Right to side, step Left to side  
3&4      Step Right forward, step Left beside Right, step Left forward \*\*\*\*\* restart wall 4  
&5,6      Step Left beside Right, rock Right forward, recover Left  
&7,8      Step Right beside Left, rock forward Left, recover Right

## [25-32] □ Step Back L, Step Back Right & Sweep, Step Back Left & Sweep, Sailor ¼ R, Full Triple Turn Left, Rocking Chair

&1,2      Step Left back, step back Right & sweep Left, step back Left & sweep Right  
3&4      Step Right behind Left ¼ turn right, step Left to left side, step Right to right side  
5&6      Step forward Left, ½ turn left step back Right, ½ turn left step forward left  
**Alternative steps... Step Left forward, step Right beside Left, step Left forward**  
7&8&      Rock forward Right, recover Left, rock back Right, recover Left

### Restarts:-

Wall 2 dance up to counts 15 & 16 - back rock recover, then change the point left to step left forward .....

Wall 4 dance up to counts 19 & 20 - shuffle forward right, then bring left beside right on the & count and step forward right

Happy dancing

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