

Begging Me for More

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Phrased Intermediate
編舞者: Manya Harsch (USA) & Kerry Maus (USA) - April 2016
音樂: Hey Hey Hallelujah (feat. Andy Grammer) - Rachel Platten : (Album: Wildfire)



Intro: 8 count, Starts on "Up"
Sequence: A B A B Tag 1 Tag 2 B B

PART A

AS1: SCUFF HITCH STEP, COASTER STEP, SWIVEL C BUMP TURNING ½ TURN LEFT, WALK L, R

- 1 & 2 Scuff RF forward (1) into a hitch (&) step RF back (2)
3 & 4 Step LF back (3), Step RF next to LF (&), Step RF fwd (4)
5 & 6 Touch R toe forward raising R hip turning heels slightly right (5), Turn heels slightly left starting 1/2 turn left (6:00) bumping hip left (&), Turn heels right finishing 1/2 turn left, lowering R hip and settling weight back R (6)
7 & 8 Step LF fwd (7), Step RF fwd (8)

AS2: TOE TOUCHES, PIVOT ½ TURN, ¼ TURN RIGHT, DRAG LEFT, BALL CROSS, STEP

- 1 & 2 & (6:00) Touch LF to L side (1), touch LF next to RF (&), touch LF to side (2), step LF next to RF (&)
3 & 4 Step RF fwd (3), pivot ½ turn left (4)
5 & 6 ¼ turn L with big step to R with RF (5) drag LF to RF (6)
& 7 & 8 Step ball of LF next to RF (&) cross RF over LF (7), step LF to L (8)

AS3: CROSS ROCK RIGHT, CROSS ROCK LEFT, BODY ROLL UP, MAMBO FORWARD STEP BACK

- 1 & 2 (9:00) Step RF over LF (1), recover on LF (&), step RF to R (2)
3 & 4 Step LF over RF (3), recover on RF (&) step LF to L (4)
5 & 6 Place RF forward while bending knees (5) Roll Hips up (&) Straighten Knee while finishing the roll putting weight on R (6)
7 & 8 Rock LF forward (7) recover on RF (&) step back on LF (8)

AS4: STEP BACK, OUT OUT TOGETHER CROSS, BODY ROLL RIGHT, SHOULDER POPS

- 1 & 2 Step RF back (1), Step LF back (2) (add your own flair, toe fans, mashed potatoes, etc.)
3 & 4 & Step RF to R side (3), step LF to L side (&), step RF next to LF (4), cross LF over RF (&)
5-6 Step RF to R side with a body roll (alternatively, can press to the right)
7 & 8 Shift weight back to LF popping shoulders L (7) R (&) L (8)

Part B (Note that steps 1-16 are nearly identical to 17-32, only difference is no ¼ turn on count 32)

BS1: KICK & KICK, STEP ¼ TURN CROSS, SIDE BEHIND ¼ TURN, STEP PIVOT ½ TURN

- 1 & 2 & (9:00) Kick RF forward (1), step RF next to LF (&), kick LF forward (2), step LF next to RF (&)
3 & 4 Step RF forward (3), recover LF making ¼ turn L (&), cross LF over RF (4)
5 & 6 Step LF to L (5), step RF behind LF (&), ¼ turn L (6)
7 & 8 Step RF fwd (7), turn ½ left and step LF (8)

BS2: SKATE R, SKATE L, SKATE RLR, SKATE LEFT, SKATE RIGHT, CROSS ROCK, RECOVER ¼ TURN

- 1 & 2 (9:00) Skate RF to R diagonal (1), skate LF to L diagonal (2)
3 & 4 Skate RF to R diagonal (3), LF together (&), skate RF to R diagonal (4)
5 & 6 Skate LF to L diagonal (5), Skate RF to R diagonal (6)
7 & 8 Cross LF over RF (7), recover (&), turn ¼ step (8)

BS3: KICK & KICK, STEP ¼ TURN CROSS, SIDE BEHIND ¼ TURN, STEP PIVOT ½ TURN

- 1 & 2 & (6:00) Kick RF forward (1), step RF next to LF (&), kick LF forward (2), step LF next to RF (&)
3 & 4 Step RF forward (3), recover LF making ¼ turn L (&), cross LF over RF (4)

5 & 6 Step LF to L (5), step RF behind LF (&), ¼ turn L (6)
7 8 Step RF fwd (7), turn ½ left and step LF (8)

BS4: SKATE R, SKATE L, SKATE RLR, SKATE LEFT, SKATE RIGHT, CROSS ROCK, RECOVER STEP

1 2 (6:00) Skate RF to R diagonal (1), skate LF to L diagonal (2)
3 & 4 Skate RF to R diagonal (3), LF together (&), skate RF to R diagonal (4)
5 6 Skate LF to L diagonal (5), Skate RF to R diagonal (6)
7 & 8 Cross LF over RF (7), recover (&), step LF next to RF (8)

Tag 1 (8 counts repeated 4 times), begins at 12:00, 3:00, 6:00 and 9:00 for each time, ends facing 12:00

TS1: WALK AROUND R-L-R-L TO L, HIP CIRCLE, BUMP, HIP CIRCLE, BUMP

1 2 (12:00) Walk RF 1/8 turn left (1), walk LF 1/8 turn left (2)
3 4 Walk RF 1/8 turn left (3), walk LF 1/8 turn left (4)
5 6 Step RF ¼ turn to R circling hips counter-clockwise from back to front (5), Touch LF fwd toward L diagonal and bump to L (6)
7 8 Step LF to L circling hips clockwise from back to front (7), Touch RF fwd toward R diagonal and bump to R (8) (3:00)

Tag 2 (16 counts repeated twice), Begins at 12:00 each time.

ST1: SIDE TOGETHER SIDE/LIFT, VINE LEFT ¼ TURN L, ¼ L TURN SIDE TOGETHER SIDE/LIFT, VINE LEFT

1 & 2 (12:00) Step RF to R (1) , step LF next to RF (&), step RF to R pressing up on ball of RF lifting LF slightly to L (2)
3 & 4 Step LF to L (3), step RF behind LF (&), step LF to L with ¼ turn L (4)
5 & 6 (6:00) Step RF to R (5) , step LF next to RF (&), step RF to R pressing up on ball of RF lifting LF slightly to L (6)
7 & 8 (6:00) Step LF to L (7), step RF behind LF (&), step LF to L (8)

ST2: STEP LOCK STEP STEP LOCK STEP STEP, RIGHT ½ TURN PIVOT, LEFT MAMBO

1 & 2 & (6:00) Step forward on RF (1), lock LF behind RF (&), Step forward on RF (2), step forward on LF (&)
3 & 4 lock RF behind LF (3), step forward on LF (&), step forward on RF (4)
5 6 Step LF forward (5), pivot ½ turn right (6)
7 & 8 (12:00) Rock LF to L (7), recover onto RF (&), step LF next to RF (8)

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