Robaukauskas



拍數: 64 牆數: 1 級數: Ultimate Practice WCS line dance

編舞者: Mario Robau (USA) & Brian Barakauskas (USA) - March 2016

音樂: Fire - Tessanne Chin



#16 count intro to start with vocals

Note: This dance provides west coast swing basic patterns using both leader and follower footwork in a line dance format.

It's designed to be a practice tool to help improve and explore the basic footwork of WCS.

FOLLOWER SECTION: 32 counts facing 12:00 wall, starting with R foot free

[1 – 6]□Sugar Push - Walk Walk, Triple and back, Anchor-in-place

1,2 Walk forward R (1), Walk forward L (2)

Rock forward R (3), Recover weight back on L (&), Step back R (4) Step L just behind R (5), Step in place R (&), Step in place L (6)

[7-12] Sugar Tuck - Walk Walk, Triple-and-half, Half-turning-anchor

7,8 Walk forward R (7), Walk forward L (8)

Step R behind L (1), Step in place L (&), Turn 1/2 right to face 6:00 stepping forward R (2)

Turn 1/4 right to face 9:00 stepping back L (3), Turn 1/8 right to "lock" step R across L (&),

Turn 1/8 right to face 12:00 stepping back L (4)

[13-18] Left Spinning Side Pass - Walk Walk, Turn-turn, Anchor in place

5,6 Walk forward R (5), Walk forward L torquing upper body slightly right prepping for turn (6)
7&8 Release upper body and turn 1/2 left to face 6:00 stepping back R (7), Turn 1/2 left to face

12:00 stepping forward L (&), Turn 1/2 left to face 6:00 stepping back R (8)

1&2 Step L just behind R (1), Step in place R (&), Step in place L (2)

[19-24]□Right Side Pass (a.k.a. Underarm Turn) - Walk Walk, Triple-half-turn, Anchor-in-place

3,4 Walk forward R (3), Walk forward L (4)

Turn 1/4 left to face 3:00 stepping back R (5), Turn 1/8 left to "lock" step L across R (&), Turn

1/8 left to face 12:00 stepping back R (6)

7&8 Step L just behind R (7), Step in place R (&), Step in place L (8)

[25-32]□Half Whip to Walk Out - Walk Half, Coaster Step, Walk, Walk, Walk, Walk

1,2 Walk forward R (1), Turn 1/2 right to face 6:00 stepping back L (2)

3&4 Step back R (3), Step together L (&), Step forward R (4)

5,6,7,8 Walk forward L (5), Walk forward R (6), Walk forward L (7), Walk forward R (8)

LEADER SECTION: 32 counts facing 6:00 wall, starting with L foot free [33-38] Sugar Push - Back Back, Triple-and-step, Anchor-in-place

[30-50] Lougai i usii - back back, Tripic-and-step, Anchor-in

1,2 Walk back L (1), Walk back R (2)

Rock back L (3), Recover weight forward on R (&), Step forward L (4)

Step R just behind L (5), Step in place L (&), Step in place R (6)

7,8 Walk back L (7), Walk back R (8)

Rock back L (1), Recover weight forward on R (&), Step forward L (2) Step R just behind L (3), Step in place L (&), Step in place R (4)

[45-50]□Left Spinning Side Pass - Back back, Triple-quarter-step, Anchor-in-place

5,6 Walk back L (5), Turn 1/4 left to face 3:00 stepping back R (6)

7&8 Rock back R (7), Recover weight in place R or step slightly across L (&), Turn 1/4 to face

12:00 stepping forward/side L (8)

1&2 Step R just behind L (1), Step in place L (&), Step in place R (2)

[51-56]□Right Side Pass (a.k.a. Underarm Turn) - Side Cross, Quarter-cross-quarter, Anchor-in-place

3,4 Step side L (3), Step R across L (body slightly angled to right) (4)

5&6 Turn 1/4 right to face 3:00 stepping side L (5), Turn 1/8 right to "lock" step R across L (&),

Turn 1/8 right to face 6:00 stepping side L (6)

7&8 Step R just behind L (7), Step in place L (&), Step in place R (8)

[57-64]□Half Whip to Walk Out - Back Quarter, Triple-quarter-step, back back back

1,2 Walk back/side L (1), Turn 1/4 left to face 3:00 stepping back R (2)

3&4 Rock back L (3), Recover weight in place R or step slightly across L (&), Turn 1/4 to face

12:00 stepping side L (4)

5,6,7,8 Walk back R (5), Walk back L (6), Walk back R (7), Walk back L (8) (end facing 12:00 with R

foot free to do Follower's Section)

Please contact the choreographers regarding any errors or inconsistencies for correction/revision.

Contact: WestCoastSwingOnline@gmail.com
Mario Robau (MarioSwingDaddy.com) and Brian Barakauskas (WestCoastSwingOnline.com)