

Moving

拍數: 32 牆數: 2 級數: Beginner
編舞者: Edwin P Napitu (NL) - April 2016
音樂: Moving - Macaco



Intro : 32 counts - # NO TAGS & NO RESTARTS.....

R SIDE TOUCH, L SIDE TOUCH, R SIDE TOGETHER, R SIDE TOUCH

1 – 2 Step R to right side, touch L next to R,
3 – 4 Step L to left side, touch R next to L
5 – 6 Step R to right side, step L next to R
7 – 8 Step R to right side, touch L next to R

L SIDE TOUCH, R SIDE TOUCH, L SIDE TOGETHER, L SIDE TOUCH

1 – 2 Step L to left side, touch R next to L
3 – 4 Step R to right side, touch L next to R
5 – 6 Step L to left side, step R next to L
7 – 8 Step L to left side, touch R next to L

R BACK TOE STRUT, L BACK TOE STRUT, R BACK ROCK, R KICK BALL CHANGE

1 – 2 Step R toe back, drop R heel to floor
3 – 4 Step L toe back, drop L heel to floor
5 – 6 Rock R back, recover on L
7 & 8 Kick R forward, step on ball of R, step L in place

JAZZ BOX ¼ TURN R, MONTEREY ¼ TURN R

1 – 2 Cross R over L, step L to left side
3 – 4 ¼ turn right/step R to right side, step L next to R
5 – 6 Touch R toe to right side, ¼ turn right/step R back to place
7 – 8 Touch L to left side, step L back to place

Just dance & Have Fun.....

#EPN-01042016/superindo2013@gmail.com

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