

Unconditionally Yours (zh)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate/Advanced
編舞者: Vikki Morris (UK) - 2011年01月
音樂: When a Woman Loves a Man - Westlife : (CD: Turnaround)



前奏 : Start – 32 counts in on the word Child

- 第一段** **L Side Nightclub 2step Basic, ½ Turn L Ronde, Rock Back L Recover R, Step Fwd L, Run R L, R Rock Recover L, Back R Sweeping L ¼ Turn L**
- 1,2& Large Step L, Rock back R, Recover L
左足左一大步, 右足後下沉, 左足回復
- 3,4& Turn ½ turn L Stepping back R sweeping L toe out and around behind R, back rock L slightly behind R, Recover R (6 o'clock)
左轉180度右足後踏左足繞至右足後, 左足於右足後下沉, 右足回復(6點鐘)
- 5 Step Fwd L 左足前踏
- 6&7& Run Fwd R L, Rock fwd R, Recover L
前跑步-右, 左, 右足前下沉, 左足回復
- 8& Step Back R, Sweep L ¼ turn L (3 o'clock)
右足後踏, 左轉90度左足繞至後(面向3點鐘)
- 第二段** **L Sailor To L Diagonal, R Syncopated Rocking Chair, Jazz Box Cross, ¾ Turn Left, Ball Step To R, Step L To R**
- 1&2 Cross L behind R, Rock R**, Recover L (1 o'clock)
左足於右足後交叉踏, 右足前下沉, 左足回復(面向1點鐘)
- **TAG & RESTART* *Wall 5** 第五面牆加拍後從頭起跳, 詳如最後說明
- 3&4& Rock fwd R, Recover L, Rock back R, Recover L
右足前下沉, 左足回復, 右足後下沉, 左足回復
- 5&6& Cross R over L, Step back L, Step R to R Side (straighten up to side wall), Cross L Over R (3 o'clock)
右足於左足前交叉踏, 左足後踏, 右足右踏(轉正面向側面牆), 左足於右足前交叉踏(面向3點鐘)
- 7& Turn ¼ turn L stepping back R, Turn ½ turn L stepping fwd L,
左轉90度右足後踏, 左轉180度左足前踏
- 8& Step on the Ball of R to R, Step L to R (6 o'clock)
右足右踏, 左足併踏(面向6點鐘)
- 第三段** **R Side Nightclub 2step Basic, Sway X2, L Behind R Side L Cross R Sweep, Weave L Sweep**
- 1,2& Large Step R, Rock back L, Recover R
右足右一大步, 左足後下沉, 右足回復
- 3,4 Sway L, Sway R 左擺臀, 右擺臀
- 5&6 cross L behind R, Step R to R, Cross L over R Sweeping R out and around in front of L
左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏右足繞至前
- 7&8&1 Cross R over L, Step L to L side, Cross R behind L, Step L to L side, Cross R over L sweeping L out and around in front of R
右足於左足前交叉踏, 左足左踏, 右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏左足繞至前
- 第四段** **Cross Back ¼ L, Cross ½ Turn R, L Rock Recover, Full Turn L**
- 2&3 Cross L over R, Step back R, Turn ¼ turn L as you step large step to L dragging R to L (3 o'clock)
左足於右足前交叉踏, 右足後踏, 左轉90度左足左一大步右足拖併(3點鐘)
- 4&5 Cross R over L, Step back L turning ¼ turn R, Turn ¼ turn R stepping large step R to R side (9 o'clock)
右足於左足前交叉踏, 右轉90度左足後踏, 右轉90度右足右一大步(9點鐘)
- 6,7 Cross rock L over R, recover R
左足於右足前交叉下沉, 右足回復

8& Turn ¼ turn L with L, Turn ½ turn L stepping back R,
左轉90度左足踏, 左轉180度右足後踏

1 Turn ¼ turn L with L (This is count 1 of the dance) (9 o'clock)
左轉90度接續第1拍的左足左一大步(面向9點鐘)

****TAG & RESTART**:** ON wall 5 replace the diagonal L sailor step in Section 2 with a sailor sway facing 3 o'clock wall and add a sway to right side on the & count then start the dance again.

第五面牆跳至第二段一開始的斜角水手步(面向3點鐘), 加做右擺臀後, 從頭起跳

1&2 Cross L behind R, Rock R, Sway L
左足於右足後交叉踏, 右足右下沉, 左擺臀

& Sway R 右擺臀

ENDING: When the music slows down you will have just completed the sailor step in section two, cross right over left and unwind full turn to face the front and pose.

結束: 跳到第二段水手步時, 音樂會慢下來, 右足於左足前交叉踏, 繞轉圈面向前面牆, 擺個姿勢, 結束舞曲
