

Mamas Broken Heart

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Michael Schmidt (DE) - March 2016
音樂: Mama's Broken Heart - Miranda Lambert



Info: □ Start after 16 counts.

[1-8] □ Step R, Lock L, Shuffle R, Rock L, Recover, Triple 3/4 Turn L

1-2 Step Right forward - Lock Left behind Right
3&4 Step Right forward - Step Left together - Step Right forward
5-6 Rock Left forward - Recover onto Right * Tag1
7&8 Triple Turn $\frac{3}{4}$ left (Left-Right-Left) (3:00)

[9-16] □ Cross Rock R, Recover, Chasse Side R, Jazz Box 1/4 Turn L, Step R

1-2 Cross Rock Right over Left - Recover onto Left
3&4 Step Right to right - Step Left together - Step Right to right
5-6 Cross Left over Right - Step Right back
7-8 $\frac{1}{4}$ Turn left stepping left forward - Step Right forward (12:00) ** Tag2

[17-24] □ Cross L, Point R, Cross Back R, Point L, Sailor Step, Step R 1/2 Turn L

1-2 Cross Left across Right - Point Right Toe to right side (lean Body slightly to the left)
3-4 Cross Right behind Left - Point Left Toe to left side (lean Body slightly to the right)
5&6 Cross Left behind Right - Step Right side - Step Left side
7-8 Step Right forward - $\frac{1}{2}$ Turn left (weight on Left) (6:00)

[25-32] □ Full Turn L, Cross Side Heel, Ball Cross, Side Heel, Together, Stomp Up, Hold

1-2 $\frac{1}{2}$ Turn left stepping Right back - $\frac{1}{2}$ Turn left stepping Left forward * Finish
3&4 Cross Right over Left - Step Left to side - Tap right Heel diagonally right forward
&5 Step Right beside Left & Cross Left over Right
&6 Step Right to side & Tap left Heel diagonally left forward
&7-8 Step Left beside Right & Stomp Right beside Left (weight on Left) - Hold

.... keep smiling & repeat

* Tag1 & Restart: After 6 counts on Wall 4 (6:00) and 8 (12:00), Add the following 6 Counts & Restart
Coaster Step, Walk back R L R L

7&8 Step Left back - Step Right beside Left - Step Left forward
9-12 4 Walks back (Right - Left - Right - Left)

** Tag2 & Restart: After 16 counts on Wall 9 (12:00), add the following 7 Counts & Restart with the music
Side Rock, Recover, Cross, Back, Side, Stomp Up, Hold

1-3 Rock Left side - Recover onto Right - Cross Left across Right
4-7 Step Right back - Step Left side - Stomp (or Touch) Right beside Left (weight on Left) - Hold

* Finish: Just dance up to count 26 & stomp forward (12:00)
and of course greet the Band or the DJ tapping the brim of your hat ... have fun

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