

# Mamas Broken Heart

拍數: 32                      牆數: 2                      級數: Intermediate  
編舞者: Michael Schmidt (DE) - March 2016  
音樂: Mama's Broken Heart - Miranda Lambert



Info: □ Start after 16 counts.

## [1-8] □ Step R, Lock L, Shuffle R, Rock L, Recover, Triple 3/4 Turn L

1-2                      Step Right forward - Lock Left behind Right  
3&4                      Step Right forward - Step Left together - Step Right forward  
5-6                      Rock Left forward - Recover onto Right \* Tag1  
7&8                      Triple Turn  $\frac{3}{4}$  left ( Left-Right-Left ) (3:00)

## [9-16] □ Cross Rock R, Recover, Chasse Side R, Jazz Box 1/4 Turn L, Step R

1-2                      Cross Rock Right over Left - Recover onto Left  
3&4                      Step Right to right - Step Left together - Step Right to right  
5-6                      Cross Left over Right - Step Right back  
7-8                       $\frac{1}{4}$  Turn left stepping left forward - Step Right forward (12:00) \*\* Tag2

## [17-24] □ Cross L, Point R, Cross Back R, Point L, Sailor Step, Step R 1/2 Turn L

1-2                      Cross Left across Right - Point Right Toe to right side (lean Body slightly to the left)  
3-4                      Cross Right behind Left - Point Left Toe to left side (lean Body slightly to the right)  
5&6                      Cross Left behind Right - Step Right side - Step Left side  
7-8                      Step Right forward -  $\frac{1}{2}$  Turn left (weight on Left) (6:00)

## [25-32] □ Full Turn L, Cross Side Heel, Ball Cross, Side Heel, Together, Stomp Up, Hold

1-2                       $\frac{1}{2}$  Turn left stepping Right back -  $\frac{1}{2}$  Turn left stepping Left forward \* Finish  
3&4                      Cross Right over Left - Step Left to side - Tap right Heel diagonally right forward  
&5                      Step Right beside Left & Cross Left over Right  
&6                      Step Right to side & Tap left Heel diagonally left forward  
&7-8                      Step Left beside Right & Stomp Right beside Left (weight on Left) - Hold

.... keep smiling & repeat

\* Tag1 & Restart: After 6 counts on Wall 4 (6:00) and 8 (12:00), Add the following 6 Counts & Restart  
Coaster Step, Walk back R L R L

7&8                      Step Left back - Step Right beside Left - Step Left forward  
9-12                      4 Walks back ( Right - Left - Right - Left )

\*\* Tag2 & Restart: After 16 counts on Wall 9 (12:00), add the following 7 Counts & Restart with the music  
Side Rock, Recover, Cross, Back, Side, Stomp Up, Hold

1-3                      Rock Left side - Recover onto Right - Cross Left across Right  
4-7                      Step Right back - Step Left side - Stomp (or Touch) Right beside Left (weight on Left) - Hold

\* Finish: Just dance up to count 26 & stomp forward (12:00)  
and of course greet the Band or the DJ tapping the brim of your hat ... have fun

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