

The Wonder Years

COPPER KNOB
BY STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Gaye Teather (UK) - March 2016
音樂: The Wonder Years - Dave Sheriff : (CD: The Wonder Years - iTunes & Amazon)



#16 count intro - Dance rotates in CCW direction

S1: Right Rocking chair. Right lock step forward. Brush

1 – 4 Rock forward on Right. Recover onto Left. Rock back on Right. Recover onto Left
5 – 8 Step forward on Right. Lock Left behind Right. Step forward on Right. Brush Left foot forward

S2: Left Rocking chair. Step. Pivot quarter turn Right. Cross. Hold

1 – 4 Rock forward on Left. Recover onto Right. Rock back on Left. Recover onto Right
5 – 8 Step forward on Left. Pivot quarter turn Right. Cross Left over Right. Hold (Facing 3 o'clock)

S3: Side. Touch/Clap. Side. Touch/clap. Side. Together. Forward. Hold

1 – 2 Step Right to Right side. Touch Left beside Right & clap
3 – 4 Step Left to Left side. Touch Right beside Left & clap
5 – 8 Step Right to Right side. Step Left beside Right. Step forward on Right. Hold

S4: Side. Touch/clap. Side. Touch/clap. Side. Together. Back. Kick

1 – 2 Step Left to Left side. Touch Right beside Left & clap
3 – 4 Step Right to Right side. Touch Left beside Right & clap
5 – 8 Step Left to Left side. Step Right beside Left. Step back on Left. Kick Right foot forward

S5: Back. Kick. Back. Kick. Coaster step. Hold

1 – 4 Step back on Right. Kick Left foot forward. Step back on Left. Kick Right foot forward
5 – 8 Step back on Right. Step Left beside Right. Step forward on Right. Hold

S6: Step. Pivot half turn Right. Step. Hold. Step. Pivot quarter turn Left. Cross. Hold

1 – 4 Step forward on Left. Pivot half turn Right. Step forward on Left. Hold
5 – 8 Step forward on Right. Pivot quarter turn Left. Cross Right over Left. Hold (Facing 6 o'clock)

S7: Side toe strut. Cross toe strut. Side Left. Quarter turn Right. Step forward. Hold

1 – 4 Step Left toe to Left side. Drop Left heel to floor. Cross Right toe over Left. Drop Right heel to floor
5 – 8 Step Left to Left side. Quarter turn Right placing weight onto Right. Step forward on Left. Hold (Facing 9 o'clock)

S8: Diagonal steps out. Out. In. In. Stomp forward. Heel bounces x 4

1 – 2 Step Right diagonally forward Right. Step Left diagonally forward Left
3 – 4 Step Right back to centre. Step Left beside Right
5 – 8 Stomp Right foot forward (keeping weight on Left). Raise and lower Right heel 4 times

Styling note: Sweep Right hand forward and out in a circular motion to Right whilst bouncing Right heel (as if you were scattering seed!!!)

Start again