

Try Everything

拍數: 64 牆數: 2 級數: High Beginner
編舞者: Nathan Gardiner (SCO) - March 2016
音樂: Try Everything - Shakira



Intro: 32 counts

Rocking Chair, Shuffle Forward, Rock Forward, Recover

1-2 Rock forward on R, Recover on L
3-4 Rock back on R, Recover on L
5&6 Step forward on R, Step L next to R, Step forward on R
7-8 Rock forward on L, Recover on R

Rocking Chair, Shuffle Back, Rock Back, Recover

1-2 Rock back on L, Recover on R
3-4 Rock forward on L, Recover on R
5&6 Step back on L, Step R next to L, Step back on L
7-8 Rock back on R, Recover on L

Side Rock, Recover, Behind, Side, Cross, Side Rock, Recover, Behind, Side, Cross

1-2 Rock out to R side, Recover on L
3&4 Step R behind L, Step L to L side, Cross R over L
5-6 Rock out to L side, Recover on R
7&8 Step L behind R, Step R to R side, Cross L over R

Point, Cross, Point, Cross, Step ¼ LX2

1-2 Point R to R side, Cross R over L
3-4 Point L to L side, Cross L over R
5-6 Step forward on R, ¼ L
7-8 Step forward on R, ¼ L

Option counts 5-8: Roll the hips

Side R, Together, Side Rock, Recover, Behind, Side, Cross, Point, Touch

1-2 Step R to R side, Step L next to R
3-4 Rock out to R side, Recover on L
5&6 Step R behind L, Step L to L side, Cross R over L
7-8 Point L to L side, Touch L next to R

Side L, Together, Side Rock, Recover, Behind, Side, Cross, Point, Touch

1-2 Step L to L side, Step R next to L
3-4 Rock out to L side, Recover on R
5&6 Step L behind R, Step R to R side, Cross L over R
7-8 Point R to R side, Touch R next to L

Shuffle Forward, Shuffle Forward, Rocking Chair

1&2 Step forward on R, Step L next to R, Step forward on R
3&4 Step forward on L, Step R next to L, Step forward on L
5-6 Rock forward on R, Recover on L
7-8 Rock back on R, Recover on L

Option counts 5-8: Step ½ LX2

Cross, Point, Cross, Point, Jazz Box

1-2 Cross R over L, Point L to L side

3-4 Cross L over R, Point R to R side
5-6 Cross R over L, Step back on L
7-8 Step R to R side, Step forward on L

Restart: On wall 3 after 32 counts

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