

I'll Be Alright EZ

COPPER KNOB
BY STEPHANIE CHONG

拍數: 32 牆數: 4 級數: Beginner
編舞者: Stephanie Chong (MY) - March 2016
音樂: I'll Be Alright - Beckah Shae



Intro: 16 counts

SECTION ONE: (1-8) □ VINES (RIGHT & LEFT)

1-2-3-4 Step R to right side (1), Step L behind R (2), Step R to right side (3), Touch L beside R (4)
5-6-7-8 Step L to left side (5), Step R behind L (6), Step L to left side (7), Touch R beside L (8) □ [12:00]

SECTION TWO: (9-16) □ WALK, HITCH, WALK, HITCH, BACK, BACK, BACK, KICK

1-2-3-4 Step R forward (1), Hitch L beside R (2), Step L forward (3), Hitch R beside L (4)
5-6-7-8 Step R back (5), Step L back (6), Step R back (7), Kick L forward (8) □ [12:00]

SECTION THREE: (17-24) □ COASTER STEP, BRUSH, STEP FORWARD, TOUCH, BACK, HITCH

1-2-3-4 Step L back (1), Step R beside L (2), Step L forward (3), Brush/Scuff R beside L (4)
5-6-7-8 Step R forward (5), Touch L behind R (6), Step L back (7), Hitch R beside L (8) □ [12:00]

SECTION FOUR: (25-32) □ BUMPS, HIP ROLLS

1-2 Step R back and bump right hip back (1), Recover on L and bump left hip forward (2)
3-4 Rock R back and bump right hip back (3), Recover on L and bump left hip forward (4)
5-6 Step R forward (5), Roll hip anticlockwise with a 1/8 turn left (6)
7-8 Step R forward (7), Roll hip anticlockwise with a 1/8 turn left (8) [9:00]

After Wall 5, there is an 8 count Tag

TAG: 8 count Tag:

(1-8) □ VINES (RIGHT & LEFT)

1-2-3-4 Step R to right side (1), Step L behind R (2), Step R to right side (3), Touch L beside R (4)
5-6-7-8 Step L to left side (5), Step R behind L (6), Step L to left side (7), Touch R beside L (8)

This is written for my beginner class as a split floor to "I'll Be Alright by Maggie Gallagher".

HAPPY DANCING!

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