

I Feel Forever

COPPER KNOB
STEPSHETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Kevin Smith (AUS) & Maria Smith (AUS) - February 2016
音樂: I Feel Forever - Greg Holland



Line dance with 1 x 12 Tag, Rotates clockwise

ROCK FWD, ROCK BACK SHUFFLE BACK, ROCK BACK, ROCK FWD ½ SHUFFLE

1,2,3&4, Rock forward on L, rock back on R, shuffle back, L,R,L
5,6,7&8 Rock back on R, rock forward on L, shuffle ½ turn left stepping R,L,R - 6.00

ROCK BACK, ROCK FWD, SHUFFLE, ROCK FWD, ROCK BACK ¾ SHUFFLE

1,2,3&4 Rock back on L, rock forward on R, shuffle forward L,R,L
5,6,7&8 Rock forward R, rock back on L, ¾ turn right shuffle R,L,R - 3.00

ROCK FWD, ROCK BACK, LOCK SHUFFLE BACK, SHUFFLE ½, PIVOT TURN STEP

1,2,3&4 Rock forward on L, rock back on R, lock shuffle back L,R,L
5&6,7&8 ½ turn right shuffle R,L,R, step L forward, pivot ½ turn right, step forward L - 3.00

KICK & POINT, ROCK FWD, BACK, HOOK, SHUFFLE, ¼ PIVOT TURN

1&2,3&4 Kick R fwd, & step R in place, point L toe to side, rock fwd L, & rock back R hook L to R shin,
Step L forward
5&6, 7,8 Shuffle forward R,L,R step L forward, ¼ pivot turn R weight on R - 6.00

CROSS SHUFFLE, ROCK TO R, BEHIND & CROSS, ROCK TO SIDE, REPLACE

1&2,3,4 Cross shuffle L over R stepping L,R,L, rock to R, replace weight on L,
5&6,7,8 Step R behind L, & step L to side, cross step R over L, rock L to side, replace weight on R -
6.00

CROSS SAMBA L, CROSS SAMBA R, ROCK FWD, REPLACE, & ROCK FWD, BACK

1&2,3&4 Cross step L over R, & rock R out to side, replace weight on L (cross samba) repeat Right
samba
5,6&7,8 Rock forward on L, back on R , & step L back, rock forward R, rock back L - 6.00

& STEP RIGHT BACK, STEP FWD, PIVOT ½ TURN, ROCK FWD, BACK, ½ SHUFFLE, ¼ SHUFFLE

&1,2,3,4 & Step back on R, step L forward, pivot ½ turn right, rock forward L, back R - 12.00
5&6,7&8 ½ turn left shuffle forward L,R,L ¼ turn right shuffle forward R,L,R - 9.00

PIVOT ½ TURN, SHUFFLE FORWARD, STEP HOLD, & STEP, STEP FWD, TOUCH

1,2,3&4 Step forward L, ½ pivot turn Right, shuffle forward L,R,L
5,6&7,8 Step forward R, hold, & step L next to R, step forward R, touch L next to R - 3.00

[64]

TAG: 12 count Tag at end of 2 facing 6.00

1,2,3,4 Hip sway, L,R,L,R
5,6,7&8 Rock fwd L, back R, either full triple step turn or coaster back L,R,L
1,2,3&4 Rock fwd R, back L, back coaster R,L,R or full turn 6.00

Dance will finish on wall 7, dance to count 10, ¼ turn to front wall side shuffling L,R,L

CONTACT; www.kickincountry.com.au - Email kickincountryau@yahoo.com