Beautiful Drug



拍數: 32 編數: 2 級數: High Intermediate

編舞者: Andrina K Faulds (SCO) - March 2016 音樂: Beautiful Drug - Zac Brown Band : (iTunes)



Section 1: 2 count weave with touches right and left, cross quarter left, sailor ½ left

1-2 Step right to right side, step left behind right

&3- 4 Step right to right side touching left next to right, Step left to left side touching right next to left

&5-6 Step right to right side, cross left over right, step back on right

7&8 Sailor step half turn over left shoulder

Section 2: Mambo forward right, step back left, drag right foot back next to left crossing left over right, step back right left, cross right over left

1&2 Step forward right, left next to right, step back right

3-4 big step back left dragging right putting weight on right foot

5-6 Cross left over right, step back right

7&8 step left to left side crossing right over left

Section 3: sway left to left side, left sailor step 1/2 left, right sailor step 1/2 right, left lock forward

1-2 Step left to left side putting weight down and then back onto right foot

3&4 left sailor step ¼ left5-6 right sailor step ½ right

7&8 Step left foot forward, bring right foot in behind left and step forward left

Section 4: right lock forward, pivot turn left over right shoulder, right coaster step, step forward left

1&2 Step right foot forward, bring left foot in behind right and step forward right

3-4 Step forward left pivot half turn over right shoulder
5 Step forward left pivot half turn over right shoulder
6&7 Step back right, step back left, step forward right

8 Step forward left

Tags (all facing the back -

(1st restart) wall 1 – At the end of dance unwind half turn over right shoulder 4 counts

Tag wall 4 - (8 Counts) – At the end you will be facing the back. Pivot full turn left and half turn right Pivot full turn left, stepping forward right to half turn left, stepping forward left

Tag wall 7 (4 Counts) – At the end you will be facing the back Pivot full turn left with 4 ¼ turns using your right toe to push yourself around

Ending – unwind half turn over right shoulder at end of the dance (stops sharp)

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Last Update - 4th April 2016